



676 Church Street NE
Salem OR 97301

OHCC Training News

February 2017

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<u>FEBRUARY 2017 CLASSES</u>	
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Registering for Trainings: Homecare and Personal Support Workers

Trainings in this newsletter are provided for Homecare Workers (HCWs), Personal Support Workers (PSWs), and the consumer/employers they work for. See page 3 for Adult Foster Care/Guest registration instructions.

Pre-registration is required and assures your spot in the class. Many classes fill to capacity and will not be able to accommodate walk-ins. Don't be a "No Show." Call and cancel if you can't make a class! New certifications require workers have low "no show rates" for acceptance.

Register Today! Here's how:

1. Do it Yourself!

Register Online by going to www.or-hcc.org and follow these steps:

- Select a program area, and then login
- Navigate to the "Training" tab and select "Upcoming Training Classes"
- Review upcoming classes
- Sign-up for and cancel upcoming classes

2. Send an Email.

Send email request to: Training.OHCC@state.or.us

In your email include:

- Name
- Provider Number
- Name, date, and city of each class you want to attend

3. Give us a call.

Call 1.877.867.0077 Option #4

NOTE: For technical assistance with the Registry, call toll-free 1.877.867.0077, Option #3

Enhanced Certification Program for Homecare and Personal Support Workers

**We are looking for more people to take the
Enhanced Certification classes.
But to take them, you have to take the
Readiness Assessment first!!**

The Enhanced Certification program will allow workers the opportunity to earn \$1.00 above base rate pay for any consumers pre-approved for enhanced services. The certification process includes several classes over a period of time. The Enhanced Homecare and Personal Support Worker Readiness Assessment is now available. CIIS PSWs will not need to take the Readiness Assessment. Those who pass the Readiness Assessment will then be invited to apply for the course and will be invited to scheduled courses. The Readiness Assessment is based on content from 11 classes.

- ✓ Keeping It Professional
- ✓ Preventing Disease Transmission
- ✓ Everyone Communicates!
- ✓ Nutrition Basics
- ✓ Medication Safety
- ✓ Working Together
- ✓ Durable Medical Equipment
- ✓ Helping Caregivers Fight Medicaid Fraud and Abuse
- ✓ Bathing and Grooming
- ✓ Protect Against Strains and Sprains
- ✓ Taking Responsibility in Personal Safety

Taking the above classes is not required in order to take the Readiness Assessment. However, you do need to pass this assessment with a score of not less than 80%.

Assessment dates are available weekly. To sign up for your Readiness Assessment, send an email to: Certifications.OHCC@state.or.us. To help us identify your email, please include the word "Enhanced" in the subject line.

Enhanced Certification classes are scheduled in the following cities:

Portland: February 13, 15, 21 and 23

Medford: February 21, 22, 27, and 28

Bend: March 7, 8, 21, and 22

Professional Development Certification is Here!

The Professional Development Certification (PDC) began on January 1, 2017.

The Professional Development Certification offers the opportunity for the PSW or the HCW to earn a higher wage of 50 cents above the base rate. Additionally, the classes and requirements offer an educational opportunity that will help the worker build skills that can be applied to their day to day work experience. The certification period is for 24 months and it begins one month after the application is received in the Oregon Home Care Commission Training Unit. If you have completed all the required classes, completed your CPR/First Aid certification and have a "No Show" rate of 20% or less, you are ready to complete your PDC Application. You can find the application on our website. To be most efficient, you can email the application to us, please attach a copy of your CPR/First Aid. The email and physical address is located on the application.



Great News! Bathing and Grooming class has been added to the "Other Skills" category, effective 1/1/17. You must take this class after 1/1/17 (we will not go retroactively in time and allow you to take the assessment).

The applications that are in our office by the first day of the month, will potentially be eligible for certification approval the first day of the following month. For example, if you turn your application in and we date stamp it in our office on January 12, 2017, you would qualify to have your certification begin on March 1, 2017. You missed the deadline for February 1, 2017 because you did not have the application to us by January 1, 2017. Our processing of your application takes time. We have to coordinate with other DHS departments as well as verify all requirements for each individual person. Once you have been approved, we will send you a confirmation email and attach a certificate of completion.

In order for your Professional Development Certification wage increase to not be interrupted by an expired CPR/First Aid issue, we ask that you self-monitor your renewal cards. You will not receive a notice from us that you have an expiring CPR/First Aid card; what could happen is that your 50 cent wage increase ends on the last day of the month prior to the expiration date, because you either didn't renew your CPR/First Aid or you didn't notify us that you renewed. For example: If your PDC ends on 12/31/18 and your CPR/First Aid ends on 09/14/18 (and you don't get it renewed and provide us with an updated card); your PDC and 50 cent wage increase will end on 08/31/18.

Assessments:

- ✓ Sign up for your assessment in class, and you will receive an email to be invited to take the required assessment.

Helpful Tips:


- ✓ Keep a log of the assessments you have completed and your scores.
- ✓ Keep a close eye on your renewal date for your CPR/First Aid and plan ahead so you don't have a gap in your Professional Development Certification wage increase.

If you have questions, please send an email to: Certifications.OHCC@state.or.us

Professional Development Certification (PDC) Requirements

Required Core Classes	Required For:	
	HCW	PSW
Keeping it Professional (KIP)	Yes	Yes
Working Together (WT)	Yes	Yes
Fraud & Abuse (F&A)	Yes	Yes

Required Safety Skills Classes	Choose 2 out of 4 classes	
	HCW	PSW
Medication Safety (MedS)	Yes	Yes
Protect Against Sprains and Strains (PASS)	Yes	Yes
Preventing Disease Transmission (PDT)	Yes	Yes
Taking Responsibility in Personal Safety (TRIPS)	Yes	Yes

Required Other Skills Classes	Choose 2 out of 4 classes	
	HCW	PSW
Bathing & Grooming (<i>effective 1.1.17</i>) 	Yes	Yes
Challenging Behaviors (CB) (<i>for HCW credit only</i>)	Yes	No
Nutrition Basics (NB)	Yes	Yes
Heart Healthy (HH)	Yes	Yes
Everyone Communicates (EC) (<i>for PSW credit only</i>)	No	Yes

Other Requirements	Required For:	
	HCW	PSW
Current CPR/First Aid Certification	Yes	Yes
Overall No-Show Class Completion Rate of No More than 20%	Yes	Yes

To receive credit for each class, pass assessment with 80% or better score.

For those with current Professional Development Recognition (PDR) Awards ONLY

Applications ended on June 30, 2016 for the PDR; however, if you already had the PDR you will get to keep the **PDR Star** until December 31, 2017. You may apply for a PDC class assessment for classes you have attended as far back as **12 months from July 1, 2016**, with the exception of any new classes added after January 1, 2017 (such as Bathing & Grooming).

Required Classes for Professional Development Certification (PDC)

Class	Description	Class Length	Stipend Available
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Core Classes

Keeping it Professional (KIP)	The role of the HCW in setting professional boundaries and working with the task list, when and how to keep things confidential and recordkeeping tips.	3 ½ hrs	HCW ICP PSW
Working Together (WT)	Assertive communication and problem solving techniques for employers & workers; clarifying expectations; using person-directed values and language.	3 hrs	HCW ICP PSW
Helping Caregivers Fight Fraud & Abuse (F&A) *AFC CEUs	Recognizing & reporting abuse & neglect of older and disabled persons and Medicaid & Medicare fraud; the role of the caregiver; problem solving; local resources.	3 ½ hrs	HCW ICP PSW

Safety Skills Classes

Adding up to at least five (5) hours for PDC = two (2) classes

Medication Safety (MedS)	Assisting adults who manage their own medication, including: types and effects of medications; assisting with documentation, storage; recognizing risks and warning signs; and the role of the worker.	3 hrs	HCW ICP PSW
Protect Against Sprains and Strains (PASS) *AFC CEUs	Basic principles of body mechanics; making changes in work activities to minimize risks and protect yourself and others; review of some assistive equipment.	3 ½ hrs	HCW ICP PSW
Preventing Disease Transmission (PDT) *AFC CEUs	Causes of infectious diseases and routes of transmission; reducing risks; best practices in housekeeping and caregiving to prevent the spread of diseases.	2 hrs	HCW ICP PSW
Taking Responsibility in Personal Safety (TRIPS)	Ideas for preventing injuries from slips and trips in the home; assessing risk factors; assisting in planning and preparing for emergencies, safe driving tips.	3 hrs	HCW ICP PSW

Other Services and Skills

Five hours (5) for PDC = two (2) classes

Challenging Behaviors (CB) HCW credit only for PDC *AFC CEUs	Practical information about working with seniors and adults with physical disabilities regarding types and causes of challenging behaviors, problem solving, and communication ideas.	3 hrs	HCW PSW ICP
Nutrition Basics (NB) *AFC CEUs	Basics of nutrition, nutrient categories, meal timing, meal balance using person-centered strategies and tools to promote informed choices as well as common nutrition related concerns.	4 hrs	HCW ICP PSW
Heart Healthy (HH) *AFC CEUs	How the heart works, understanding common heart problems, monitoring blood pressure, recognizing heart emergencies, & creating a heart healthy lifestyle.	3 hrs	HCW ICP PSW
Everyone Communicates (EC) PSW credit only for PDC	Learn effective communication partner strategies that make a positive impact on the people you support with communication challenges and intellectual and developmental disabilities who experience communication challenges. Also includes limited practice with a visual communication board. This class is primarily designed for Personal Support Workers. Home Care Workers who support people with communication challenges may also find the information helpful.	4 hrs	HCW PSW
Bathing & Grooming (B&G) *AFC CEUs effective 1.1.17	Skills in personal care activities of bathing, shaving, skin care & grooming with a focus on using person-centered values and techniques. A video demonstrating hands-on care is shown.	3 ½ hrs	HCW ICP PSW

OHCC Classes (Not Required for Professional Development Certification)

Class	Description	Class Length	Stipend Available
Blindness & Low Vision (BLV) <i>*AFC CEUs</i>	An overview of eye diseases and vision loss; techniques for working with someone sight-impaired; being a sighted guide; helping someone to live independently; resources and adaptive equipment for use in the home.	3 hrs	HCW ICP PSW
Dementia & Alzheimer's (D&A) <i>*AFC CEUs</i>	Joyce Beedle, RN, BSN, is a nationally-known expert on dementia. This class will cover: understanding the disease process; hands-on techniques; tips for the details and dilemmas of daily care and establishing realistic expectations; finding ways to Enjoy Being Together. You are invited to bring your caregiving questions and concerns.	4 hrs	HCW ICP PSW
Diabetes By the Numbers (DBN) <i>*AFC CEUs</i>	A class on the basics of Diabetes. What is it? Are you at risk? The class will cover: carbohydrate identification; label reading and portion control; preventing complications; glucose testing; and understanding the numbers.	3 ½ hrs	HCW ICP PSW
Diversity Awareness – Challenges Facing Lesbian, Gay, Bisexual, Transgender Adults (LGBT) <i>*AFC CEUs</i>	Learn terminology & definitions, gain an understanding of the lives of LGBT adults, and learn ways to be welcoming and inclusive.	3 hrs	HCW ICP PSW
Durable Medical Equipment (DME) <i>*AFC CEUs</i>	Helpful hints on safely using mobility devices, bath & toilet aides, Hoyer lift, and other medical equipment. Tips for choosing, fitting & using devices.	3 hrs	HCW ICP PSW
End of Life Care (ELC) <i>*AFC CEUs</i>	An overview of end of life care, including: the dying process; pain and symptom considerations; advanced planning; & spiritual, emotional, and social concerns.	4 hrs	HCW ICP PSW
Grief and Loss (G&L) <i>*AFC CEUs</i>	Understanding the process of grief, the myths and realities of grieving and loss, ways to help others, compassion fatigue and caring for yourself.	3 ½ hrs	HCW ICP PSW
MoneyWise (MW)	Setting financial goals, budgeting, and resources for managing your money. (This class is for personal use, NOT for helping employers with finances)	3 hrs	HCW ICP PSW
Ready, Set, Work (RSW)	Create a professional marketing approach to finding work in home care; how to use the Registry & Referral System; and what you should do before starting a job. NOTE: Workers do not need to have worked to qualify for training pay for this class.	4 hrs	HCW ICP PSW
Respiratory Care: Oxygen to Ventilators (RC) <i>*AFC CEUs</i>	End-stage respiratory diseases, basics on the use of oxygen, nebulizers, & ventilators.	3 ½ hrs	HCW ICP PSW
Substance Abuse Awareness (SAA)	Review the OHCC Drug-Free Workplace policy for homecare workers, learn the impact of drug and alcohol abuse, the role of the HCW, and resources for help.	3 hrs	HCW ICP PSW
Stress Management and Relaxation Techniques (SMART) <i>*AFC CEUs</i>	Understanding stress and its effects; identifying triggers; fun and practical techniques for coping with stress.	3 hrs	HCW ICP PSW

Training Completion & Stipends for Attending Classes

HCWs and PSWs may be paid a stipend for attending classes (*except for CPR/First Aid, Enhanced or OIS-G*) if they meet these criteria:

- ◆ Have an active provider number
- ◆ Have authorized and paid state provider hours within 3 calendar months prior to the month of the training or during the month the training is held. (ICP workers must provide a pay stub or statement from their employer.)
- ◆ Have not been paid for that class in the previous 12 months.
- ◆ Class is approved for the specific work group by the Home Care Commission
 - * Home Care Workers
 - * Personal Support Workers
 - * Workers in Independent Choices Program
- ◆ If you miss more than 15 minutes of the class, the pay is pro-rated for the time attended and you will not receive a certificate. Incomplete classes are not listed on the Registry.
- ◆ These payments are not considered work hours and will not have withholding. Training hours are not used to determine benefit eligibility.

Please allow a minimum of 6 weeks to receive payment and for the classes to appear as completed in your Registry profile. If you have not received payment by then, please call us.

Adult Foster Care (AFC) and Private Pay Provider DO NOT receive stipend pay for attending classes. Please refer to the list of class descriptions on pages 5-6 for 'AFC CEU' approved classes.

The Registry

Are you looking for work? Be sure to update your profile every **30** days. You can also check the Help Wanted section for consumers looking for a worker. Select the county or counties where you want to work in to find listings. Be sure to click on the "Expand" button to make sure you meet the person's needs before calling.

The Registry web address is: <https://www.or-hcc.org>

For help with the Registry, send an email to Registry.OHCC@state.or.us

or call 877.867.0077, Option #3.

To Be Referred Through the Registry

HCWs and PSWs who want to be referred on the Registry are required to have the following annual continuing education (***if you do not want to be referred through the Registry, there is NO training requirement***):

- ◆ Complete four (4) training classes a year. If you are new, you have one year from the date you receive your provider number to complete these.
- ◆ At least once every two years, you must complete one of the HCC Safety trainings – PASS, PDT, TRIPS, or COMPASS. The other 7 classes in those two years can be any class approved for your group, except for MoneyWise. (COMPASS counts as two classes).

Registry and Referral System



Seniors and Adults with Physical Disabilities

Are you a senior or a person with a physical disability or someone who is assisting a senior or person with a physical disability in finding and hiring a homecare worker to provide in-home/personal care services? If so please [click here](#).



People with Developmental or Intellectual Disabilities

Are you a parent, family member, self-advocate or consumer, representative, case manager or personal agent seeking or assisting a child or adult with developmental/intellectual disabilities with finding and hiring a personal support worker to provide their needed services in and outside of the home? If so please [click here](#).



Addictions and Mental Health

Are you a consumer of services for addictions and/or mental health? Are you a support provider for consumers of services for addictions and/or mental health? If so please [click here](#).

The State of Oregon, the Oregon Home Care Commission (OHCC), the Department of Human Services (DHS), and the Oregon Health Authority (OHA) and organizations within the DHS/OHA service delivery systems do not guarantee or warrant that HCWs/PSWs have the experience or skills listed in this registry. The registry is intended to provide employers with a list of HCWs/PSWs who meet certain basic qualifications established by the OHCC. The fact that a HCW/PSW satisfies the basic qualification requirements does not mean that the HCW/PSW has the skills or experience to provide a certain service to a particular employer.

As a part of the referral process, HCWs and PSWs are asked to describe their experience and skills. The descriptions of each HCW's/PSW's skills and experience come from the HCW/PSW him or herself, not from the OHCC. The OHCC cannot confirm or verify the experience or skills of the HCWs/PSWs listed on the registry. It is very important that each employer (or employer's representative) carefully interview, screen, and check the references of the HCWs and PSWs in the registry, before selecting the HCW/PSW who can best meet the employer's service needs according to Oregon Administrative Rules and program guidelines established by DHS/OHA.

For employers who receive services through Medicaid or OPI, the employer's case manager must approve the final authorization of services.



[OHCC Registry and Referral System, version 1.2.129.8714]

Using the Registry Webinars!

We are offering the following webinars. All webinars are scheduled from 3pm-4pm.

HCWs/PSWs

Webinar Link

Access Code

2.14.17

<https://tinyurl.com/hcwcj7k>

323809

2.28.17

<https://tinyurl.com/gvcgfgq3>

323809

Employer/Consumer Webinars

Webinar Link

Access Code

2.16.17

<https://tinyurl.com/znh63os>

323809

Choose the webinar date you want to attend. To participate follow these steps 15 minutes prior to the beginning of the webinar:

- 1) Type in the webinar link in your browser and follow the steps to log-in.
- 2) Call 1.888.431.3632, and enter the access code to participate in the audio portion.

Adult Foster Care & Guests

- ✓ Cost: \$15 per class hour. Payment must be paid prior to attending class.
- ✓ Registration is open 7 days before each class and closes at 12:00 pm (noon) 1 business day prior to the class.
- ✓ To register go to: <https://ilearn.oregon.gov>
- ✓ If you are a new user, click on "Create a New Account". Select "Not a State Employee" as the type.
- ✓ To find Home Care Commission classes, select Learning Catalog. Search 'OHCC' to find open classes. Classes are open on a space available basis. Classes marked with "**AFC CEUs**" in the class column are approved for foster home CEUs.



CPR/First Aid Training

The Oregon Home Care Commission will pay for the cost of basic CPR/First Aid training for eligible homecare workers (HCWs) and personal support workers (PSWs). To be eligible, workers must have:

- ✓ An active provider number;
- ✓ Authorized and paid provider hours in any one of three full calendar months before requesting for CPR/First Aid training;
- ✓ Completed a minimum of two Home Care Commission sponsored training classes (excluding MoneyWise);
- ✓ Attended four additional classes if the Home Care Commission previously paid for CPR/First Aid training since your last certification; and
- ✓ A no-show rate of 20% or below for attending Home Care Commission training classes.



To apply:

- ✓ Get application form at a training class and turn it in to the trainer, or
- ✓ Send a written request (provide your name, address, county, phone number and provider number). List the Home Care Commission trainings you have attended using one of the following three options:

- 1) Mail: Home Care Commission, ATTN: CPR, 676 Church Street NE, Salem OR 97301
- 2) Email: Training.OHCC@state.or.us
- 3) Fax to: 503.378.5886

You will be contacted with information about how to sign up for CPR in your area. Requests are processed twice a month, so please allow a few weeks for a response. WE do not pay a stipend for your time for attending this class.

City	Class Date	Class	Location	Class Time
Albany	2/9/17	B&G	Comfort Suites 100 Opal Court NE	9am-12:30pm
	2/9/17	LGBT	Comfort Suites 100 Opal Court NE	2pm-5pm
	2/10/17	KIP	Comfort Suites 100 Opal Court NE	9am-12:30pm
	2/10/17	WT	Comfort Suites 100 Opal Court NE	2pm-5pm
Baker City	2/17/17	B&G	Best Western 1 Sunridge Lane	9am-12:30pm
	2/17/17	CB	Best Western 1 Sunridge Lane	2pm-5pm
Bend	2/14/17	RSW	Central Oregon Community College 2600 NW College Way #116	8:30am-12:30pm
	2/14/17	HH	Central Oregon Community College 2600 NW College Way #116	2pm-5pm
	2/15/17	F&A	Central Oregon Community College 2600 NW College Way #116	9am-12:30pm
	2/15/17	WT	Central Oregon Community College 2600 NW College Way #116	2pm-5pm
Brookings	2/9/17	F&A	Best Western Beachfront Inn 16008 Boat Basin Road	1pm-4:30pm
	2/9/17	PDT	Best Western Beachfront Inn 16008 Boat Basin Road	6pm-8pm
	2/10/17	CB	Best Western Beachfront Inn 16008 Boat Basin Road	9am-12pm
	2/10/17	HH	Best Western Beachfront Inn 16008 Boat Basin Road	1:30pm-4:30pm
	2/23/17	EC	The Events Center (Pacific Center Unit B) 800 Chetco Avenue	9am-1pm
Coos Bay North Bend	2/24/17	TRIPS	South Coast Hospice Bereavement Center 1610 Thompson Road	9am-12pm
	2/24/17	PASS	South Coast Hospice Bereavement Center 1610 Thompson Road	1:30pm-5pm
	2/25/17	RC	Red Lion 1313 N Bayshore (S.Umpqua Room)	9am-12:30pm
	2/25/17	PDT	Red Lion 1313 N Bayshore (S.Umpqua Room)	2pm-4pm
Eugene Springfield	2/15/17	B&G	Courtyard by Marriott 3443 Hutton Street	9am-12:30pm
	2/15/17	SMART	Courtyard by Marriott 3443 Hutton Street	2pm-5pm
	2/16/17	KIP	Phoenix Inn Suites 850 Franklin Blvd	9am-12:30pm
	2/16/17	WT	Phoenix Inn Suites 850 Franklin Blvd	2pm-5pm

City	Class Date	Class	Location	Class Time
Florence	2/21/17	NB	Area Agency on Aging Seniors & People w/Disabilities Office 3180 Highway 101	8:30am-12:30pm
	2/21/17	PDT	Area Agency on Aging Seniors & People w/Disabilities Office 3180 Highway 101	2pm-4pm
	2/22/17	HH	Area Agency on Aging Seniors & People w/Disabilities Office 3180 Highway 101	9am-12pm
Grants Pass	2/27/17	NB	Three Rivers Medical Center Cascade Room (inside hospital by cafeteria) 500 SW Ramsey Avenue	9am-1pm
	2/28/17	F&A	Seniors & People w/Disabilities 2102 NW Hawthorne Street, Suite A Rainie Falls Room (drive to back of building to secure door)	9am-12:30pm
Hillsboro	2/16/17	KIP Spanish	Courtyard Marriott 3050 NW Stucki Place Class is in Spanish Esta clase en Español	9am-12:30pm
	2/16/17	WT Spanish	Courtyard Marriott 3050 NW Stucki Place Class is in Spanish Esta clase en Español	1:30pm-4:30pm
	2/22/17	RSW Spanish	Larkspur Landing 3133 NE Shute Road Class is in Spanish Esta clase en Español	9am-1pm
	2/22/17	SAA Spanish	Larkspur Landing 3133 NE Shute Road Class is in Spanish Esta clase en Español	1:30pm-4:30pm
John Day	2/15/17	KIP	Outpost Pizza 201 W. Main Street	9:30am-1pm
	2/15/17	PDT	Outpost Pizza 201 W. Main Street	2:30pm-4:30pm
Klamath Falls	2/23/17	TRIPS	Olympic Inn 2627 South Sixth Street	10am-1pm
	2/23/17	PDT	Olympic Inn 2627 South Sixth Street	2:30pm-4:30pm
	2/24/17	F&A	Olympic Inn 2627 South Sixth Street	9am-12:30pm
	2/24/17	CB	Olympic Inn 2627 South Sixth Street	2pm-5pm

City	Class Date	Class	Location	Class Time
LaGrande	2/23/17	CB	DHS Self Sufficiency/APD Office 1607 Gekeler Lane Grande Ronde River Room	9am-12pm
	2/23/17	PASS	DHS Self Sufficiency/APD Office 1607 Gekeler Lane Grande Ronde River Room	1:30pm-5pm
McMinnville	2/10/17	KIP	Red Lion Inn 2535 NE Cumulus	9am-12:30pm
	2/10/17	SMART	Red Lion Inn 2535 NE Cumulus	2pm-5pm
	2/25/17	RSW	Red Lion Inn 2535 NE Cumulus	9am-12pm
	2/25/17	LGBT	Red Lion Inn 2535 NE Cumulus	2:30pm-5:30pm
Medford	2/16/17	F&A	Rogue Regency Inn 2300 Biddle Road (I-5, Exit 30)	9am-12:30pm
	2/16/17	TRIPS	Rogue Regency Inn 2300 Biddle Road (I-5, Exit 30)	2pm-5pm
	2/17/17	NB	Rogue Regency Inn 2300 Biddle Road (I-5, Exit 30)	8:30am-12:30pm
	2/17/17	PDT	Rogue Regency Inn 2300 Biddle Road (I-5, Exit 30)	2pm-4pm
Newport	2/23/17	B&G	Samaritan Center for Health Education 740 SW 9th Street	9am-12:30pm
	2/23/17	CB	Samaritan Center for Health Education 740 SW 9th Street	2pm-5pm
	2/24/17	F&A	Samaritan Center for Health Education 740 SW 9th Street	9am-12:30pm
	2/24/17	SAA	Samaritan Center for Health Education 740 SW 9th Street	2pm-5pm
Ontario	2/16/17	PASS	Clarion Inn 1249 Tapadera Avenue	9am-12:30pm
	2/16/17	SMART	Clarion Inn 1249 Tapadera Avenue	2pm-5pm
Pendleton	2/24/17	NB	Red Lion 304 SE Nye Avenue	9am-1pm
	2/24/17	CB	Red Lion 304 SE Nye Avenue	2:30pm-5:30pm
Portland	2/1/17	D&A	NE Portland Police Precinct 449 NE Emerson Street	9am-1pm
	2/1/17	CB	East Portland Community Policing Center 737 SE 106th	1:30pm-4:30pm
	2/2/17	NB	SMILE Station Sellwood Moreland Improvement League 8210 SE 13th Avenue	1:30pm-5:30pm

City	Class Date	Class	Location	Class Time
Portland	2/8/17	HH Russian	East Portland Community Policing Center 737 SE 106th Class is in Russian Класс на русском языке	9am-12pm
	2/8/17	MedS Russian	East Portland Community Policing Center 737 SE 106th Class is in Russian Класс на русском языке	1:30pm-4:30pm
	2/10/17	ELC	SMILE Station Sellwood Moreland Improvement League 8210 SE 13th Avenue	9am-1pm
	2/10/17	G&L	SMILE Station Sellwood Moreland Improvement League 8210 SE 13th Avenue	2:30pm-6pm
	2/16/17	KIP Russian	SEIU 6401 SE Foster Road Class is in Russian Класс на русском языке	5pm-8:30pm
	2/17/17	KIP	SMILE Station Sellwood Moreland Improvement League 8210 SE 13th Avenue	9am-12:30pm
	2/17/17	WT	SMILE Station Sellwood Moreland Improvement League 8210 SE 13th Avenue	6pm-9pm
	2/17/17	PASS Russian	SEIU 6401 SE Foster Road Class is in Russian Класс на русском языке	12pm-3:30pm
	2/18/17	WT	SMILE Station Sellwood Moreland Improvement League 8210 SE 13th Avenue	2pm-5pm
	2/24/17	WT	NE Portland Police Precinct 449 NE Emerson Street (near Killingsworth & MLK)	6pm-9pm
2/25/17	F&A	SMILE Station Sellwood Moreland Improvement League 8210 SE 13th Avenue	9:30am-1pm	
Roseburg	2/10/17	RC	Holiday Inn 375 Harvard Blvd	9am-12:30pm
	2/10/17	B&G	Holiday Inn 375 Harvard Blvd	2pm-5:30pm
	2/11/17	PASS	Sleep Inn 2855 NW Edenbower Boulevard	9am-12:30pm
	2/11/17	TRIPS	Sleep Inn 2855 NW Edenbower Boulevard	2pm-5pm

City	Class Date	Class	Location	Class Time
Salem	2/8/17	F&A	Doubletree 1590 Weston Court NE	2pm-5:30pm
	2/11/17	PASS	Center 50+ 2615 Portland Road NE (upstairs)	9am-12:30pm
	2/11/17	SMART	Center 50+ 2615 Portland Road NE (upstairs)	2pm-5pm
	2/15/17	KIP Russian	Day's Inn Black Bear 1600 Motor Court NE Class is in Russian Класс на русском языке	2pm-5:30pm
	2/17/17	TRIPS	Day's Inn Black Bear 1600 Motor Court NE (off Market St, next to Fred Meyer)	9am-12pm
	2/17/17	PDT	Day's Inn Black Bear 1600 Motor Court NE (off Market St, next to Fred Meyer)	1:30pm-3:30pm
	2/23/17	PASS	DHS Training Center 3414 Cherry Avenue, Suite 150	9am-12:30pm
St. Helens	2/16/17	NB	Columbia River Receptions & Events 1070 Columbia Blvd.	9am-1pm
	2/16/17	SAA	Columbia River Receptions & Events 1070 Columbia Blvd.	2:30pm-5:30pm
	2/18/17	B&G	Best Western Oak Meadows Inn 585 South Columbia River Highway	9am-12:30pm
	2/18/17	PASS	Best Western Oak Meadows Inn 585 South Columbia River Highway	2pm-5:30pm
The Dalles	2/25/17	NB	Cousins Country Inn 2114 West 6th Street	10am-2pm
Tillamook	2/24/17	TRIPS	NW Senior & Disability Services 5010 East 3rd Street	9am-12pm
	2/24/17	PDT	NW Senior & Disability Services 5010 East 3rd Street	1:30pm-3:30pm
Woodburn	2/22/17	F&A	Wellspring Conference Center Silverton Health 1475 Hood Avenue	2pm-5:30pm
	2/24/17	EC	Wellspring Conference Center Silverton Health 1475 Hood Avenue	12pm-4pm
	2/28/17	PASS Spanish	Wellspring Conference Center Silverton Health 1475 Hood Avenue Class is in Spanish Esta clase en Español	10am-1:30pm
	2/28/17	PDT Spanish	Wellspring Conference Center Silverton Health 1475 Hood Avenue Class is in Spanish Esta clase en Español	2:30pm-4:30pm

Trainings At-a-Glance February 2017

SUN	MON	TUES	WED	THURS	FRI	SAT
			1 D&A 9a-1p <i>Portland</i> CB 1:30p-4:30p <i>Portland</i>	2 NB 1:30p-5:30p <i>Portland</i>	3 NO CLASSES	4 NO CLASSES
5 NO CLASSES	6 NO CLASSES	7 NO CLASSES	8 F&A 2p-5:30p <i>Salem</i> HH-Russian 9a-12p <i>Portland</i> MedS-Russian 1:30p-4:30p <i>Portland</i>	9 B&G 9a-12:30p <i>Albany</i> LGBT 2p-5p <i>Albany</i> F&A 1p-4:30p <i>Brookings</i> PDT 6p-8p <i>Brookings</i>	10 KIP 9a-12:30p <i>Albany</i> WT 2p-5p <i>Albany</i> CB 9a-12p <i>Brookings</i> HH 1:30p-4:30p <i>Brookings</i> KIP 9a-12:30p <i>McMinnville</i> SMART 2p-5p <i>McMinnville</i> ELC 9a-1p <i>Portland</i> G&L 2:30p-6p <i>Portland</i> RC 9a-12:30p <i>Roseburg</i> B&G 2p-5:30p <i>Roseburg</i>	11 PASS 9a-12:30p <i>Roseburg</i> TRIPS 2p-5p <i>Roseburg</i> PASS 9a-12:30p <i>Salem</i> SMART 2p-5p <i>Salem</i>
12 NO CLASSES	13 NO CLASSES	14 RSW 8:30a-12:30p <i>Bend</i> HH 2p-5p <i>Bend</i>	15 F&A 9a-12:30p <i>Bend</i> WT 2p-5p <i>Bend</i> B&G 9a-12:30p <i>Eug/Spfld</i> SMART 2p-5p <i>Eug/Spfld</i> KIP 9:30a-1p <i>John Day</i> PDT 2:30p-4:30p <i>John Day</i> KIP-Russian 2p-5:30p <i>Salem</i>	16 KIP 9a-12:30p <i>Eug/Spfld</i> WT 2p-5p <i>Eug/Spfld</i> KIP-Spanish 9a-12:30p <i>Hillsboro</i> WT-Spanish 1:30p-4:30p <i>Hillsboro</i> F&A 9a-12:30p <i>Medford</i> TRIPS 2p-5p <i>Medford</i> PASS 9a-12:30p <i>Ontario</i> SMART 2p-5p <i>Ontario</i> KIP-Russian 5p-8:30p <i>Portland</i> NB 9a-1p <i>St. Helens</i> SAA 2:30-5:30p <i>St. Helens</i>	17 B&G 9a-12:30p <i>Baker City</i> CB 2p-5p <i>Baker City</i> NB 8:30a-12:30p <i>Medford</i> PDT 2p-4p <i>Medford</i> KIP 9a-12:30p <i>Portland</i> PASS-Russian 12p-3:30p <i>Portland</i> WT 6p-9p <i>Portland</i> TRIPS 9a-12p <i>Salem</i> PDT 1:30p-3:30p <i>Salem</i>	18 WT 2p-5p <i>Portland</i> B&G 9a-12:30p <i>St. Helens</i> PASS 2p-5:30p <i>St. Helens</i>
19 NO CLASSES	20 NO CLASSES	21 NB 8:30a-12:30p <i>Florence</i> PDT 2p-4p <i>Florence</i>	22 HH 9a-12p <i>Florence</i> RSW 9a-1p <i>Hillsboro</i> SAA-Spanish 1:30a-4:30p <i>Hillsboro</i> F&A 2p-5:30p <i>Woodburn</i>	23 EC 9a-1p <i>Brookings</i> TRIPS 10a-1p <i>Klamath Falls</i> PDT 2:30p-4:30p <i>Klamath Falls</i> CB 9a-12p <i>LaGrande</i> PASS 1:30p-5p <i>LaGrande</i> B&G 9a-12:30p <i>Newport</i> CB 2p-5p <i>Newport</i> PASS 9a-12:30p <i>Salem</i>	24 TRIPS 9a-12p <i>Coos Bay/NBend</i> PASS 1:30p-5p <i>Coos Bay/NBend</i> F&A 9a-12:30p <i>Klamath Falls</i> CB 2p-5p <i>Klamath Falls</i> F&A 9a-12:30p <i>Newport</i> SAA 2p-5p <i>Newport</i> NB 9a-1p <i>Pendleton</i> CB 2:30p-5:30p <i>Pendleton</i> WT 6p-9p <i>Portland</i> PDT 1:30p-3:30p <i>Tillamook</i> TRIPS 9a-12p <i>Tillamook</i> EC 12p-4p <i>Woodburn</i>	25 RC 9a-12:30p <i>Coos Bay/NBend</i> PDT 2p-4p <i>Coos Bay/NBend</i> RSW 9a-1p <i>McMinnville</i> LGBT 2:30p-5:30p <i>McMinnville</i> F&A 9:30a-1p <i>Portland</i> NB 10a-2p <i>The Dalles</i>
26 NO CLASSES	27 NB 9a-1p <i>Grants Pass</i>	28 F&A 9a-12:30p <i>Grants Pass</i> PASS-Spanish 10a-1:30p <i>Woodburn</i> PDT-Spanish 2:30p-4:30p <i>Woodburn</i>				

B&G: Bathing & Grooming – **BLV:** Blind & Low Vision – **CB:** Challenging Behaviors - **D&A:** Dementia & Alzheimer's – **DBN:** Diabetes by the Numbers – **DME:** Durable Medical Equipment – **EC:** Everyone Communicates – **ELC:** End of Life Care - **F&A:** Fraud & Abuse - **G&L:** Grief & Loss – **HH:** Heart Healthy – **KIP:** Keeping it Professional – **LGBT:** Diversity Awareness Challenges Facing Lesbian, Gay, Bisexual, Transgender Adults – **MedS:** Medication Safety – **MW:** MoneyWise – **NB:** Nutrition Basics – **PASS:** Protect Against Sprains & Strains – **PDT:** Preventing Disease Transmission – **RC:** Respiratory Care – **RSW:** Ready Set Work – **SAA:** Substance Abuse Awareness – **SMART:** Stress Management and Relaxation Techniques – **TRIPS:** Taking Responsibility in Personal Safety – **WT:** Working Together




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