



676 Church Street NE
Salem OR 97301

OHCC Training News

January 2017

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Registering for Trainings: Homecare and Personal Support Workers

Trainings in this newsletter are provided for Homecare Workers (HCWs), Personal Support Workers (PSWs), and the consumer/employers they work for. See page 3 for Adult Foster Care/Guest registration instructions.

Pre-registration is required and assures your spot in the class. Many classes fill to capacity and will not be able to accommodate walk-ins. Don't be a "No Show." Call and cancel if you can't make a class! New certifications require workers have low "no show rates" for acceptance.

Register Today! Here's how:

1. Do it Yourself!

Register Online by going to www.or-hcc.org and follow these steps:

- Select a program area, and then login
- Navigate to the "Training" tab and select "Upcoming Training Classes"
- Review upcoming classes
- Sign-up for and cancel upcoming classes

2. Send an Email.

Send email request to: Training.OHCC@state.or.us

In your email include:

- Name
- Provider Number
- Name, date, and city of each class you want to attend

3. Give us a call.

Call 1.877.867.0077 Option #4

NOTE: For technical assistance with the Registry, call toll-free 1.877.867.0077, Option #3

January Payments for PSW's

We have been in close contact with PPL about the January pay cycle. Due to unforeseen delays in the project we have enacted a plan to ensure that most PSW's will receive their payments in January.

For the month of **January only**, PSW's whose critical information was able to be verified by PPL (PSW's with a valid Social Security Number working for an Employer with a valid IRS Employer Identification Number) will receive a payment from PPL regardless of full completion of the PPL enrollment process.

You should be able to submit time entries as usual in eXPRS **starting Jan 1st**. If you submit your time prior to the January 1st your service delivery lines will suspend but will automatically go to Pending for CDDP/Brokerage review after January 1.

We must stress, this is **only** for payments due in the month of January. This includes the December 16 – 31st payroll and January 1 – 15 payroll, December overtime and travel time only.

If you have not fully completed your paperwork and submitted by **January 20th we cannot ensure future payments**. Please continue to work with your CDDP/Brokerage and PPL to have your paperwork completed and submitted so that you may be paid.

You may self-enroll into PPL's Better Online system to check the progress of your enrollment forms. For resources available to assist you go to:

- ✓ <https://fms.publicpartnerships.com>, for detailed instructions on how to register or
- ✓ <https://hsri.adobeconnect.com/p5y5n14slmt/> to view the step by step web tutorial or
- ✓ [http://www.publicpartnerships.com/programs/oregon/fmas/documents/Enrollment%20Presentation%20for%20PSWs%20and%20Employers%20\(Oct%202026\).pptx](http://www.publicpartnerships.com/programs/oregon/fmas/documents/Enrollment%20Presentation%20for%20PSWs%20and%20Employers%20(Oct%202026).pptx) To view the Enrollment Help and Information Presentation.

Contact Information for PPL/ email: pplorfmas-cs@pcgus.com

English: 888-419-7705

Spanish: 888-419-7720

Russian: 888-419-7724

Fax: 888-399-6593

Paid Time Off

As a part of the 2013-2015 contract that SEIU 503's homecare and personal support worker bargaining team and the Oregon Home Care Commission agreed on, more workers than ever qualify for paid time off through their Homecare Trust.

Did you receive a letter from the Oregon Homecare Workers Trust informing you that you qualified for Paid Time Off benefits? If so, time is running out to submit the required paperwork if you have not already done so.

Visit the Trust website at <https://www.orhomecaretrust.org/2017-overview/> to learn more and take advantage of the benefits you may be eligible for.

No internet through a smart phone or computer? No problem! Call the Trust Administrative Office at [1-844-507-7554](tel:1-844-507-7554), Option 3, Option 2 for more information.

Marketplace Open Enrollment

Uninsured?

If you are uninsured, have a medical plan ending soon, or need to renew your coverage through the Health Insurance Marketplace, we can help! Visit the Trust website for the most up to date information at orhomecaretrust.org/2017-enrollment-materials/. This is the fastest process!

Already covered?

If you already have medical coverage for 2017, you can let us know and view other benefits that may be available to you if you are Trust eligible. Visit orhomecaretrust.org today! No internet through a smart phone or computer? No problem! Call the Trust's Healthcare Enrollment Team at [503-303-5668](tel:503-303-5668) or toll free [1-855-437-2694](tel:1-855-437-2694). Please note we are experiencing a high volume of calls, so please leave one message with your name, best phone number, question, preferred language if other than English, and whether we can leave you a detailed message.

Для получения информации на испанском, русском или вьетнамском, посетите веб-сайт траста orhomecaretrust.org и с помощью выпадающего меню "Select language" переведите страницу.

Para información en Español, Ruso o Vietnamita, visite el sitio web del Fideicomiso en orhomecaretrust.org y en el menú desplegable seleccionar "Select Language" para traducir el sitio web.

Để đọc thông tin theo tiếng Tây Ban Nha, tiếng Nga hoặc tiếng Việt, xin vui lòng truy cập trang web của Trust: orhomecaretrust.org. Nhấn tab "Chọn ngôn ngữ" để chọn ngôn ngữ của bạn.

Enhanced Certification Readiness Assessment for Homecare and Personal Support Workers

We are looking for more people to take the Enhanced Certification classes.
But to take them, you have to take the Readiness Assessment first!!

The Enhanced Certification program will allow workers the opportunity to earn \$1.00 above base rate pay for any consumers pre-approved for enhanced services. The certification process includes several classes over a period of time. The Enhanced Homecare and Personal Support Worker Readiness Assessment is now available. Those who pass the Readiness Assessment will then be invited to apply for the course and will be invited to scheduled courses. Directions to the online Readiness Assessment are available on our web page and Facebook page. The Readiness Assessment is based on content from 11 classes.

- ✓ Keeping It Professional
- ✓ Preventing Disease Transmission
- ✓ Everyone Communicates!
- ✓ Nutrition Basics
- ✓ Medication Safety
- ✓ Working Together
- ✓ Durable Medical Equipment
- ✓ Helping Caregivers Fight Medicaid Fraud and Abuse
- ✓ Bathing and Grooming
- ✓ Protect Against Strains and Sprains
- ✓ Taking Responsibility in Personal Safety

Taking the above classes is not required in order to take the Readiness Assessment. However, you do need to pass this assessment with a score of not less than 80%.

Assessment dates are available weekly. To get the list of dates, or if you have any questions, send an email to: Certifications.OHCC@state.or.us. To help use identify you email, please include the word "Enhanced" in the subject line.

**It is important that your contact information is
correct in the Registry!
Please check to be sure your
email address and mailing address
are up-to-date!**



Professional Development Certification is Here!

The Professional Development Certification (PDC) begins on January 1, 2017.

The Professional Development Certification offers the opportunity for the PSW or the HCW to earn a higher wage of 50 cents above the base rate. Additionally, the classes and requirements offer an educational opportunity that will help the worker build skills that can be applied to their day to day work experience. The certification period is for 24 months and it begins one month after the application is received in the Oregon Home Care Commission Training Unit. If you have completed all the required classes, completed your CPR/First Aid certification and have a "No Show" rate of 20% or less, you are ready to complete your PDC Application. You can find the application on our website. To be most efficient, you can email the application to us, please attach a copy of your CPR/First Aid. The email and physical address is located on the application.



Great News! Bathing and Grooming class has been added to the "Other Skills" category, effective 1/1/17. You must take this class after 1/1/17 (we will not go retroactively in time and allow you to take the assessment).

The applications that are in our office by the first day of the month, will potentially be eligible for certification approval the first day of the following month. For example, if you turn your application in and we date stamp it in our office on January 12, 2017, you would qualify to have your certification begin on March 1, 2017. You missed the deadline for February 1, 2017 because you did not have the application to us by January 1, 2017. Our processing of your application takes time. We have to coordinate with other DHS departments as well as verify all requirements for each individual person. Once you have been approved, we will send you a confirmation email and attach a certificate of completion.

In order for your Professional Development Certification wage increase to not be interrupted by an expired CPR/First Aid issue, we ask that you self-monitor your renewal cards. You will not receive a notice from us that you have an expiring CPR/First Aid card; what could happen is that your 50 cent wage increase ends on the last day of the month prior to the expiration date, because you either didn't renew your CPR/First Aid or you didn't notify us that you renewed. For example: If your PDC ends on 12/31/18 and your CPR/First Aid ends on 09/14/18 (and you don't get it renewed and provide us with an updated card); your PDC and 50 cent wage increase will end on 08/31/18.

Assessments:

- ✓ Sign up for your assessment in class, and you will receive an email to be invited to take the required assessment.

Helpful Tips:


- ✓ Keep a log of the assessments you have completed and your scores.
- ✓ Keep a close eye on your renewal date for your CPR/First Aid and plan ahead so you don't have a gap in your Professional Development Certification wage increase.

If you have questions, please send an email to: Certifications.OHCC@state.or.us

Professional Development Certification (PDC) Requirements

Required Core Classes	Required For:	
	HCW	PSW
Keeping it Professional (KIP)	Yes	Yes
Working Together (WT)	Yes	Yes
Fraud & Abuse (F&A)	Yes	Yes

Required Safety Skills Classes	Choose 2 out of 4 classes	
	HCW	PSW
Medication Safety (MedS)	Yes	Yes
Protect Against Sprains and Strains (PASS)	Yes	Yes
Preventing Disease Transmission (PDT)	Yes	Yes
Taking Responsibility in Personal Safety (TRIPS)	Yes	Yes

Required Other Skills Classes	Choose 2 out of 4 classes	
	HCW	PSW
Bathing & Grooming (<i>effective 1.1.17</i>) 	Yes	Yes
Challenging Behaviors (CB) (<i>for HCW credit only</i>)	Yes	No
Nutrition Basics (NB)	Yes	Yes
Heart Healthy (HH)	Yes	Yes
Everyone Communicates (EC) (<i>for PSW credit only</i>)	No	Yes

Other Requirements	Required For:	
	HCW	PSW
Current CPR/First Aid Certification	Yes	Yes
Overall No-Show Class Completion Rate of No More than 20%	Yes	Yes

To receive credit for each class, pass assessment with 80% or better score.

For those with current Professional Development Recognition (PDR) Awards **ONLY**

Applications ended on June 30, 2016 for the PDR; however, if you already had the PDR you will get to keep the **PDR Star** until December 31, 2017. You may apply for a PDC class assessment for classes you have attended as far back as **12 months from July 1, 2016**, with the exception of any new classes added after January 1, 2017 (such as Bathing & Grooming).

Required Classes for Professional Development Certification (PDC)

Class	Description	Class Length	Stipend Available
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Core Classes

Keeping it Professional (KIP)	The role of the HCW in setting professional boundaries and working with the task list, when and how to keep things confidential and recordkeeping tips.	3 ½ hrs	HCW ICP PSW
Working Together (WT)	Assertive communication and problem solving techniques for employers & workers; clarifying expectations; using person-directed values and language.	3 hrs	HCW ICP PSW
Helping Caregivers Fight Fraud & Abuse (F&A) *AFC CEUs	Recognizing & reporting abuse & neglect of older and disabled persons and Medicaid & Medicare fraud; the role of the caregiver; problem solving; local resources.	3 ½ hrs	HCW ICP PSW




Safety Skills Classes

Adding up to at least five (5) hours for PDC = two (2) classes

Medication Safety (MedS)	Assisting adults who manage their own medication, including: types and effects of medications; assisting with documentation, storage; recognizing risks and warning signs; and the role of the worker.	3 hrs	HCW ICP PSW
Protect Against Sprains and Strains (PASS) *AFC CEUs	Basic principles of body mechanics; making changes in work activities to minimize risks and protect yourself and others; review of some assistive equipment.	3 ½ hrs	HCW ICP PSW
Preventing Disease Transmission (PDT) *AFC CEUs	Causes of infectious diseases and routes of transmission; reducing risks; best practices in housekeeping and caregiving to prevent the spread of diseases.	2 hrs	HCW ICP PSW
Taking Responsibility in Personal Safety (TRIPS)	Ideas for preventing injuries from slips and trips in the home; assessing risk factors; assisting in planning and preparing for emergencies, safe driving tips.	3 hrs	HCW ICP PSW

Other Services and Skills

Five hours (5) for PDC = two (2) classes

Challenging Behaviors (CB) HCW credit only for PDC *AFC CEUs	Practical information about working with seniors and adults with physical disabilities regarding types and causes of challenging behaviors, problem solving, and communication ideas.	3 hrs	HCW PSW ICP 
Nutrition Basics (NB) *AFC CEUs	Basics of nutrition, nutrient categories, meal timing, meal balance using person-centered strategies and tools to promote informed choices as well as common nutrition related concerns.	4 hrs	HCW ICP PSW
Heart Healthy (HH) *AFC CEUs	How the heart works, understanding common heart problems, monitoring blood pressure, recognizing heart emergencies, & creating a heart healthy lifestyle.	3 hrs	HCW ICP PSW
Everyone Communicates (EC) PSW credit only for PDC	Learn effective communication partner strategies that make a positive impact on the people you support with communication challenges and intellectual and developmental disabilities who experience communication challenges. Also includes limited practice with a visual communication board. This class is primarily designed for Personal Support Workers. Home Care Workers who support people with communication challenges may also find the information helpful.	4 hrs	HCW PSW 
Bathing & Grooming (B&G) *AFC CEUs effective 1.1.17 	Skills in personal care activities of bathing, shaving, skin care & grooming with a focus on using person-centered values and techniques. A video demonstrating hands-on care is shown.	3 ½ hrs	HCW ICP PSW

OHCC Classes (Not Required for Professional Development Certification)

Class	Description	Class Length	Stipend Available
Blindness & Low Vision (BLV) <i>*AFC CEUs</i>	An overview of eye diseases and vision loss; techniques for working with someone sight-impaired; being a sighted guide; helping someone to live independently; resources and adaptive equipment for use in the home.	3 hrs	HCW ICP PSW
Dementia & Alzheimer's (D&A) <i>*AFC CEUs</i>	Joyce Beedle, RN, BSN, is a nationally-known expert on dementia. This class will cover: understanding the disease process; hands-on techniques; tips for the details and dilemmas of daily care and establishing realistic expectations; finding ways to Enjoy Being Together. You are invited to bring your caregiving questions and concerns.	4 hrs	HCW ICP PSW
Diabetes By the Numbers (DBN) <i>*AFC CEUs</i>	A class on the basics of Diabetes. What is it? Are you at risk? The class will cover: carbohydrate identification; label reading and portion control; preventing complications; glucose testing; and understanding the numbers.	3 ½ hrs	HCW ICP PSW
Diversity Awareness – Challenges Facing Lesbian, Gay, Bisexual, Transgender Adults (LGBT) <i>*AFC CEUs</i>	Learn terminology & definitions, gain an understanding of the lives of LGBT adults, and learn ways to be welcoming and inclusive.	3 hrs	HCW ICP PSW
Durable Medical Equipment (DME) <i>*AFC CEUs</i>	Helpful hints on safely using mobility devices, bath & toilet aides, Hoyer lift, and other medical equipment. Tips for choosing, fitting & using devices.	3 hrs	HCW ICP PSW
End of Life Care (ELC) <i>*AFC CEUs</i>	An overview of end of life care, including: the dying process; pain and symptom considerations; advanced planning; & spiritual, emotional, and social concerns.	4 hrs	HCW ICP PSW
Grief and Loss (G&L) <i>*AFC CEUs</i>	Understanding the process of grief, the myths and realities of grieving and loss, ways to help others, compassion fatigue and caring for yourself.	3 ½ hrs	HCW ICP PSW
MoneyWise (MW)	Setting financial goals, budgeting, and resources for managing your money. (This class is for personal use, NOT for helping employers with finances)	3 hrs	HCW ICP PSW
Ready, Set, Work (RSW)	Create a professional marketing approach to finding work in home care; how to use the Registry & Referral System; and what you should do before starting a job. NOTE: Workers do not need to have worked to qualify for training pay for this class.	4 hrs	HCW ICP PSW
Respiratory Care: Oxygen to Ventilators (RC) <i>*AFC CEUs</i>	End-stage respiratory diseases, basics on the use of oxygen, nebulizers, & ventilators.	3 ½ hrs	HCW ICP PSW
Substance Abuse Awareness (SAA)	Review the OHCC Drug-Free Workplace policy for homecare workers, learn the impact of drug and alcohol abuse, the role of the HCW, and resources for help.	3 hrs	HCW ICP PSW
Stress Management and Relaxation Techniques (SMART) <i>*AFC CEUs</i>	Understanding stress and its effects; identifying triggers; fun and practical techniques for coping with stress.	3 hrs	HCW ICP PSW

Training Completion & Stipends for Attending Classes

HCWs and PSWs may be paid a stipend for attending classes (*except for CPR/First Aid, Enhanced or OIS-G*) if they meet these criteria:

- ◆ Have an active provider number
- ◆ Have authorized and paid state provider hours within 3 calendar months prior to the month of the training or during the month the training is held. (ICP workers must provide a pay stub or statement from their employer.)
- ◆ Have not been paid for that class in the previous 12 months.
- ◆ Class is approved for the specific work group by the Home Care Commission
 - * Home Care Workers
 - * Personal Support Workers
 - * Workers in Independent Choices Program
- ◆ If you miss more than 15 minutes of the class, the pay is pro-rated for the time attended and you will not receive a certificate. Incomplete classes are not listed on the Registry.
- ◆ These payments are not considered work hours and will not have withholding. Training hours are not used to determine benefit eligibility.

Please allow a minimum of 6 weeks to receive payment and for the classes to appear as completed in your Registry profile. If you have not received payment by then, please call us.

Adult Foster Care (AFC) and Private Pay Provider DO NOT receive stipend pay for attending classes. Please refer to the list of class descriptions on pages 5-6 for 'AFC CEU' approved classes.

The Registry

Are you looking for work? Be sure to update your profile every **30** days. You can also check the Help Wanted section for consumers looking for a worker. Select the county or counties where you want to work in to find listings. Be sure to click on the "Expand" button to make sure you meet the person's needs before calling.

The Registry web address is: <https://www.or-hcc.org>

For help with the Registry, send an email to Registry.OHCC@state.or.us
or call 877.867.0077, Option #3.

To Be Referred Through the Registry

HCWs and PSWs who want to be referred on the Registry are required to have the following annual continuing education (***if you do not want to be referred through the Registry, there is NO training requirement***):

- ◆ Complete four (4) training classes a year. If you are new, you have one year from the date you receive your provider number to complete these.
- ◆ At least once every two years, you must complete one of the HCC Safety trainings – PASS, PDT, TRIPS, or COMPASS. The other 7 classes in those two years can be any class approved for your group, except for MoneyWise. (COMPASS counts as two classes).

Registry and Referral System



Seniors and Adults with Physical Disabilities

Are you a senior or a person with a physical disability or someone who is assisting a senior or person with a physical disability in finding and hiring a homecare worker to provide in-home/personal care services? If so please [click here](#).



People with Developmental or Intellectual Disabilities

Are you a parent, family member, self-advocate or consumer, representative, case manager or personal agent seeking or assisting a child or adult with developmental/intellectual disabilities with finding and hiring a personal support worker to provide their needed services in and outside of the home? If so please [click here](#).



Addictions and Mental Health

Are you a consumer of services for addictions and/or mental health? Are you a support provider for consumers of services for addictions and/or mental health? If so please [click here](#).

The State of Oregon, the Oregon Home Care Commission (OHCC), the Department of Human Services (DHS), and the Oregon Health Authority (OHA) and organizations within the DHS/OHA service delivery systems do not guarantee or warrant that HCWs/PSWs have the experience or skills listed in this registry. The registry is intended to provide employers with a list of HCWs/PSWs who meet certain basic qualifications established by the OHCC. The fact that a HCW/PSW satisfies the basic qualification requirements does not mean that the HCW/PSW has the skills or experience to provide a certain service to a particular employer.

As a part of the referral process, HCWs and PSWs are asked to describe their experience and skills. The descriptions of each HCW's/PSW's skills and experience come from the HCW/PSW him or herself, not from the OHCC. The OHCC cannot confirm or verify the experience or skills of the HCWs/PSWs listed on the registry. It is very important that each employer (or employer's representative) carefully interview, screen, and check the references of the HCWs and PSWs in the registry, before selecting the HCW/PSW who can best meet the employer's service needs according to Oregon Administrative Rules and program guidelines established by DHS/OHA.

For employers who receive services through Medicaid or OPL, the employer's case manager must approve the final authorization of services.



[OHCC Registry and Referral System, version 1.2.129.8714]

Using the Registry Webinars!

We are offering the following webinars. All webinars are scheduled from 2pm-3pm.

<u>HCWs/PSWs</u>	<u>Webinar Link</u>	<u>Access Code</u>
1.10.17	http://tinyurl.com/zc6vqes	6887464
1.24.17	http://tinyurl.com/jdbdq6f	9671711
<u>Employer/Consumer Webinars</u>	<u>Webinar Link</u>	<u>Access Code</u>
1.19.17	http://tinyurl.com/jl3rfa8	6903631

Choose the webinar date you want to attend. To participate follow these steps 15 minutes prior to the beginning of the webinar:

- 1) Type in the webinar link in your browser and follow the steps to log-in.
- 2) Call 1.888.431.3632, and enter the access code to participate in the audio portion.

Adult Foster Care & Guests

- ✓ Cost: \$15 per class hour. Payment must be paid prior to attending class.
- ✓ Registration is open 7 days before each class and closes at 12:00 pm (noon) 1 business day prior to the class.
- ✓ To register go to: <https://ilearn.oregon.gov>
- ✓ If you are a new user, click on "Create a New Account". Select "Not a State Employee" as the type.
- ✓ To find Home Care Commission classes, select Learning Catalog. Search 'OHCC' to find open classes. Classes are open on a space available basis. Classes marked with "**AFC CEUs**" in the class column are approved for foster home CEUs.



CPR/First Aid Training

The Oregon Home Care Commission will pay for the cost of basic CPR/First Aid training for eligible homecare workers (HCWs) and personal support workers (PSWs). To be eligible, workers must have:



- ✓ An active provider number;
- ✓ Authorized and paid provider hours in any one of three full calendar months before requesting for CPR/First Aid training;
- ✓ Completed a minimum of two Home Care Commission sponsored training classes (excluding MoneyWise);
- ✓ Attended four additional classes if the Home Care Commission previously paid for CPR/First Aid training since your last certification; and
- ✓ A no-show rate of 20% or below for attending Home Care Commission training classes.

To apply:

- ✓ Get application form at a training class and turn it in to the trainer, or
- ✓ Send a written request (provide your name, address, county, phone number and provider number). List the Home Care Commission trainings you have attended using one of the following three options:

- 1) Mail: Home Care Commission, ATTN: CPR, 676 Church Street NE, Salem OR 97301
- 2) Email: Training.OHCC@state.or.us
- 3) Fax to: 503.378.5886

You will be contacted with information about how to sign up for CPR in your area. Requests are processed twice a month, so please allow a few weeks for a response. WE do not pay a stipend for your time for attending this class.

City	Class Date	Class	Location	Class Time
Albany	1/6/17	WT	Best Western Plus Prairie Inn 1100 Price Road SE	9am-12pm
	1/6/17	B&G	Best Western Plus Prairie Inn 1100 Price Road SE	1:30pm-5pm
	1/19/17	F&A	Phoenix Inn 3410 Spicer Dr. SE	2pm-5:30pm
	1/20/17	EC	Location to Be Determined	10am-2pm
Baker City	1/5/17	F&A	Best Western 1 Sunridge Lane	9am-12:30pm
	1/5/17	HH	Best Western 1 Sunridge Lane	2pm-5pm
	1/6/17	CB	Best Western 1 Sunridge Lane	9am-12pm
	1/6/17	TRIPS	Best Western 1 Sunridge Lane	2pm-5pm
Bend	1/9/17	HH	Red Lion Hotel 1415 NE Third Street	9am-12pm
	1/14/17	NB	Red Lion Hotel 1415 NE Third Street	9am-1pm
	1/14/17	B&G	Red Lion Hotel 1415 NE Third Street	2:30pm-6pm
Clackamas Gladstone	1/4/17	NB	Holiday Inn Express 75 82nd Drive	9am-1pm
	1/4/17	WT	Holiday Inn Express 75 82nd Drive	2:30pm-5:30pm
	1/5/17	B&G	Clackamas Banquet Center (Denny's) 15815 SE 82nd Drive	9am-12:30pm
	1/5/17	PASS	Clackamas Banquet Center (Denny's) 15815 SE 82nd Drive	2pm-5:30pm
	1/26/17	F&A	Clackamas Banquet Center (Denny's) 15815 SE 82nd Drive	2pm-5:30pm
Coos Bay North Bend	1/24/17	D&A	SW Community College 1988 Newmark Avenue	9am-1pm
	1/26/17	NB	Location to Be Determined	9am-1pm
	1/26/17	WT	Location to Be Determined	2:30pm-5:30pm
	1/27/17	B&G	Community Health & Education Center (CHEC) 3950 Sherman Avenue	9am-12:30pm
	1/27/17	SAA	Community Health & Education Center (CHEC) 3950 Sherman Avenue	2pm-5pm

City	Class Date	Class	Location	Class Time
Corvallis	1/21/17	NB	Holiday Inn Express on the River 781 NE 2nd	9am-1pm
	1/21/17	CB	Holiday Inn Express on the River 781 NE 2nd	2:30pm-5:30pm
Eugene Springfield	1/16/17	F&A	Comfort Suites 969 Kruse Way	9am-12:30pm
	1/16/17	CB	Comfort Suites 969 Kruse Way	2pm-5pm
	1/17/17	HH	Comfort Suites 969 Kruse Way	9am-12pm
	1/17/17	MedS	Comfort Suites 969 Kruse Way	1:30pm-4:30pm
	1/18/17	TRIPS	Comfort Suites 969 Kruse Way	9am-12pm
	1/18/17	PDT	Comfort Suites 969 Kruse Way	1:30pm-3:30pm
Grants Pass	1/23/17	PASS	Seniors & People w/Disabilities 2101 NW Hawthorne Street, Suite A	12:30pm-4pm
	1/24/17	B&G	Seniors & People w/Disabilities 2101 NW Hawthorne Street, Suite A	9am-12:30pm
	1/24/17	TRIPS	Seniors & People w/Disabilities 2101 NW Hawthorne Street, Suite A	2pm-5pm
Hillsboro	1/10/17	B&G	Larkspur Landing 3133 NE Shute Road	9am-12:30pm
	1/10/17	LGBT	Larkspur Landing 3133 NE Shute Road	2pm-5pm
	1/12/17	KIP	Larkspur Landing 3133 NE Shute Road	9am-12:30pm
	1/12/17	WT	Larkspur Landing 3133 NE Shute Road	2pm-5pm
	1/16/17	PASS	Larkspur Landing 3133 NE Shute Road	9am-12:30pm
	1/16/17	SAA	Larkspur Landing 3133 NE Shute Road	2pm-5pm
John Day	1/7/17	WT	Outpost Pizza 201 W. Main Street	1pm-4pm
	1/8/17	HH	Outpost Pizza 201 W. Main Street	9am-12pm
Klamath Falls	1/12/17	MedS	DHS Self Sufficiency Office 700 Klamath Avenue, Ste 100	9am-12pm
	1/12/17	NB	DHS Self Sufficiency Office 700 Klamath Avenue, Ste 100	1-5pm
	1/13/17	F&A	DHS Self Sufficiency Office 700 Klamath Avenue, Suite 100	9am-12:30pm
	1/13/17	HH	DHS Self Sufficiency Office 700 Klamath Avenue, Suite 100	1:30pm-4:30pm

City	Class Date	Class	Location	Class Time
La Grande	1/11/17	SMART	Blue Mountain Conference Center 404 12th Street	9am-12pm
	1/11/17	KIP	Blue Mountain Conference Center 404 12th Street	1:30pm-5pm
	1/12/17	B&G	Blue Mountain Conference Center 404 12th Street	9am-12:30pm
Lincoln City	1/28/17	TRIPS	Lincoln City Community Center 2150 NE Oar Place	9am-12pm
	1/28/17	SMART	Lincoln City Community Center 2150 NE Oar Place	1:30pm-4:30pm
McMinnville	1/11/17	NB	Red Lion Inn 2535 NE Cumulus	9am-1pm
	1/11/17	HH	Red Lion Inn 2535 NE Cumulus	2:30pm-5:30pm
	1/18/17	B&G	Church on the Hill 700 North Hill Road	9am-12:30pm
	1/18/17	PDT	Church on the Hill 700 North Hill Road	2pm-4pm
	1/19/17	EC	Church on the Hill 700 North Hill Road	10am-2pm
	1/31/17	D&A	Church on the Hill 700 North Hill Road	11:30am-3:30pm
Medford	1/4/17	RSW	Rogue Regency Inn 2300 Biddle Road (I-5, Exit 30)	8:30am-12:30pm
	1/4/17	LGBT	Rogue Regency Inn 2300 Biddle Road (I-5, Exit 30)	2pm-5pm
	1/5/17	KIP	Inn at the Commons 200 N Riverside Avenue	9am-12:30pm
	1/5/17	SMART	Inn at the Commons 200 N Riverside Avenue	2pm-5pm
	1/18/17	B&G	Courtyard at the Airport 600 Airport Road	9am-12:30pm
	1/18/17	PASS	Courtyard at the Airport 600 Airport Road	2pm-5:30pm
	1/19/17	NB	Courtyard at the Airport 600 Airport Road	9am-1pm
	1/19/17	SAA	Courtyard at the Airport 600 Airport Road	2:30pm-5:30pm
Newport	1/11/17	PDT	Samaritan Center for Health Education 740 SW 9th Street	10am-12pm
	1/11/17	LGBT	Samaritan Center for Health Education 740 SW 9th Street	1:30pm-4:30pm
	1/12/17	WT	Samaritan Center for Health Education 740 SW 9th Street	9am-12pm
Pendleton	1/10/17	TRIPS	Oxford Suites 2400 SW Court Place	2pm-5pm
	1/10/17	PDT	Oxford Suites 2400 SW Court Place	6:30pm-8:30pm

City	Class Date	Class	Location	Class Time
Portland	1/18/17	EC	Jade/APANO Multicultural (JAMS) 8114 SE Division Street	9am-1pm
	1/20/17	HH Russian	SMILE Station Sellwood Moreland Improvement League 8210 SE 13th Avenue Класс на русском языке	9am-12pm
	1/20/17	MedS Russian	SMILE Station Sellwood Moreland Improvement League 8210 SE 13th Avenue Класс на русском языке	1:30pm-4:30pm
	1/20/17	CB Russian	SEIU 6401 SE Foster Road Класс на русском языке	12pm-3pm
	1/24/17	HH	SMILE Station Sellwood Moreland Improvement League 8210 SE 13th Avenue	1:30pm-4:30pm
	1/25/17	MedS	SMILE Station Sellwood Moreland Improvement League 8210 SE 13th Avenue	1:30pm-4:30pm
	1/27/17	B&G	SMILE Station Sellwood Moreland Improvement League 8210 SE 13th Avenue	9am-12:30pm
	1/27/17	PDT	SMILE Station Sellwood Moreland Improvement League 8210 SE 13th Avenue	1:30pm-3:30pm
	1/30/17	F&A Russian	SEIU 6401 SE Foster Road Класс на русском языке	2pm-5:30pm
	1/31/17	KIP	SMILE Station Sellwood Moreland Improvement League 8210 SE 13th Avenue	9am-12:30pm
	1/31/17	WT	SMILE Station Sellwood Moreland Improvement League 8210 SE 13th Avenue	2pm-5pm
	1/31/17	F&A Russian	SEIU 6401 SE Foster Road Класс на русском языке	5pm-8:30pm
Roseburg	1/15/17	F&A	Holiday Inn 375 Harvard Blvd (at Exit 124)	1pm-4:30pm
	1/26/17	MedS	Holiday Inn 375 Harvard Blvd (at Exit 124)	10am-1pm
	1/26/17	PDT	Holiday Inn 375 Harvard Blvd (at Exit 124)	3pm-5pm
	1/27/17	NB	Southern Oregon Region Brokerage 2930 NE Stephens Street	9:30am-1:30pm

City	Class Date	Class	Location	Class Time
Salem	1/11/17	PASS	City of Keizer Community Center Chemawa Room 3911 Village Center Drive SE	9am-12:30pm
	1/11/17	PDT	City of Keizer Community Center Chemawa Room 3911 Village Center Drive SE	2pm-4pm
	1/12/17	LGBT	Day's Inn Black Bear 1600 Motor Court NE	9am-12pm
	1/12/17	CB	Day's Inn Black Bear 1600 Motor Court NE	1:30pm-4:30pm
	1/17/17	F&A	Day's Inn Black Bear 1600 Motor Court NE	9:30am-1pm
	1/17/17	HH	Doubletree 1590 Weston Court NE	9am-12pm
	1/17/17	MedS	Doubletree 1590 Weston Court NE	1:30pm-4:30pm
	1/18/17	CB Russian	Day's Inn Black Bear 1600 Motor Court NE Класс на русском языке	2pm-5pm
	1/24/17	KIP	Location to Be Determined	9am-12:30pm
St. Helens	1/7/17	KIP	Best Western Oak Meadows Inn 585 South Columbia River Highway	9am-12:30pm
	1/7/17	NB	Best Western Oak Meadows Inn 585 South Columbia River Highway	2pm-6pm
	1/20/17	TRIPS	Best Western Oak Meadows Inn 585 South Columbia River Highway	9am-12pm
	1/20/17	PDT	Best Western Oak Meadows Inn 585 South Columbia River Highway	1:30pm-3:30pm
The Dalles	1/13/17	B&G	Cousins Country Inn 2114 West 6th Street	9am-12:30pm
	1/13/17	WT	Cousins Country Inn 2114 West 6th Street	2pm-5pm
Tillamook	1/10/17	NB	Shilo Inn 2515 North Main	8:30am-12:30pm
	1/10/17	MedS	Shilo Inn 2515 North Main	2pm-5pm
	1/27/17	PASS	Shilo Inn 2515 North Main	9am-12:30pm
	1/27/17	PDT	Shilo Inn 2515 North Main	2pm-4pm

City	Class Date	Class	Location	Class Time
Woodburn	1/12/17	MedS Russian	DHS Training Center 120 E Lincoln Street, Suite 230 Класс на русском языке	10am-1pm
	1/12/17	HH Russian	DHS Training Center 120 E Lincoln Street, Suite 230 Класс на русском языке	2pm-5pm
	1/20/17	KIP	Wellspring Conference Center Silverton Health 1475 Hood Avenue	9am-12:30pm
	1/20/17	WT	Wellspring Conference Center Silverton Health 1475 Hood Avenue	2pm-5pm
	1/23/17	SMART	DHS Training Center 120 E Lincoln Street, Suite 230	9am-12pm
	1/23/17	LGBT	DHS Training Center 120 E Lincoln Street, Suite 230	1:30pm-4:30pm

HAPPY
NEW YEAR!
2017



Trainings At-a-Glance

January 1 - 14, 2017

Check the Registry often at www.or-hcc.org for location information and updates!

SUN	MON	TUES	WED	THURS	FRI	SAT
1 No Classes	2 No Classes	3 No Classes	4 NB 9a-1p <i>Gladstone area</i> WT 2:30p-5:30p <i>Gladstone area</i> RSW 8:30a-12:30p <i>Medford</i> LGBT 2p-5p <i>Medford</i>	5 F&A 9a-12:30p <i>Baker City</i> HH 2p-5p <i>Baker City</i> B&G 9a-12:30p <i>Clackamas</i> PASS 2p-5:30p <i>Clackamas</i> KIP 9a-12:30p <i>Medford</i> SMART 2p-5p <i>Medford</i>	6 WT 9a-12p <i>Albany</i> B&G 1:30p-5p <i>Albany</i> CB 9a-12p <i>Baker City</i> TRIPS 2p-5p <i>Baker City</i>	7 WT 1p-4p <i>John Day</i> KIP 9a-12:30p <i>St. Helens</i> NB 2p-6p <i>St. Helens</i>
8 HH 9a-12p <i>John Day</i>	9 HH 9a-12p <i>Bend</i>	10 B&G 9a-12:30p <i>Hillsboro</i> LGBT 2p-5p <i>Hillsboro</i> TRIPS 2p-5p <i>Pendleton</i> PDT 6:30p-8:30p <i>Pendleton</i> NB 8:30a-12:30p <i>Tillamook</i> MedS 2p-5p <i>Tillamook</i>	11 SMART 9a-12p <i>La Grande</i> KIP 1:30p-5p <i>La Grande</i> NB 9a-1p <i>McMinnville</i> HH 2:30p-5:30p <i>McMinnville</i> PDT 10a-12p <i>Newport</i> LGBT 1:30p-4:30p <i>Newport</i> PASS 9a-12:30p <i>Salem</i> PDT 2p-4p <i>Salem</i>	12 KIP 9a-12:30p <i>Hillsboro</i> WT 2p-5p <i>Hillsboro</i> MedS 9a-12p <i>Klamath Falls</i> NB 1p-5p <i>Klamath Falls</i> B&G 9a-12:30p <i>La Grande</i> WT 9a-12p <i>Newport</i> LGBT 9a-12p <i>Salem</i> MedS-Russian 10a-1p <i>Woodburn</i> HH-Russian 2p-5p <i>Woodburn</i>	13 F&A 9a-12:30p <i>Klamath Falls</i> HH 1:30p-4:30p <i>Klamath Falls</i> B&G 9a-12:30p <i>The Dalles</i> WT 2p-5p <i>The Dalles</i>	14 NB 9a-1p <i>Bend</i> B&G 2:30p-6p <i>Bend</i>

B&G: Bathing & Grooming – **BLV:** Blind & Low Vision – **CB:** Challenging Behaviors - **D&A:** Dementia & Alzheimer’s – **DBN:** Diabetes by the Numbers – **DME:** Durable Medical Equipment – **EC:** Everyone Communicates – **ELC:** End of Life Care – **F&A:** Fraud & Abuse - **G&L:** Grief & Loss – **HH:** Heart Healthy – **KIP:** Keeping it Professional – **LGBT:** Diversity Awareness Challenges Facing Lesbian, Gay, Bisexual, Transgender Adults – **MedS:** Medication Safety – **MW:** MoneyWise – **NB:** Nutrition Basics – **PASS:** Protect Against Sprains & Strains – **PDT:** Preventing Disease Transmission – **RC:** Respiratory Care – **RSW:** Ready Set Work – **SAA:** Substance Abuse Awareness – **SMART:** Stress Management and Relaxation Techniques – **TRIPS:** Taking Responsibility in Personal Safety – **WT:** Working Together

Trainings At-a-Glance January 15 - 31, 2017

Check the Registry often at www.or-hcc.org for location information and updates!

SUN	MON	TUES	WED	THURS	FRI	SAT
15 F&A 1p-4:30p <i>Roseburg</i>	16 F&A 9a-12:30p <i>Eug/Spfld</i> CB 2p-5p <i>Eug/Spfld</i> PASS 9a-12:30p <i>Hillsboro</i> SAA 2p-5p <i>Hillsboro</i>	17 HH 9a-12p <i>Eug/Spfld</i> MedS 1:30p-4:30p <i>Eug/Spfld</i> F&A 9:30a-1p <i>Salem</i> HH 9a-12p <i>Salem</i> MedS 1:30p-4:30p <i>Salem</i>	18 TRIPS 9a-12p <i>Eug/Spfld</i> PDT 1:30p-3:30p <i>Eug/Spfld</i> B&G 9a-12:30p <i>McMinnville</i> PDT 2p-4p <i>McMinnville</i> B&G 9a-12:30p <i>Medford</i> PASS 2p-5:30p <i>Medford</i> EC 9a-1p <i>Portland</i> CB-Russian 2p-5p <i>Salem</i>	19 F&A 2p-5:30p <i>Albany</i> EC 10a-2p <i>McMinnville</i> NB 9a-1p <i>Medford</i> SAA 2:30-5:30p <i>Medford</i>	20 EC 10a-2p <i>Albany</i> HH-Russian 9a-12p <i>Portland</i> MedS-Russian 1:30p-4:30p <i>Portland</i> CB-Russian 12p-3p <i>Portland</i> TRIPS 9a-12p <i>St. Helens</i> PDT 1:30p-3:30p <i>St. Helens</i> KIP 9a-12:30p <i>Woodburn</i> WT 2p-5p <i>Woodburn</i>	21 NB 9a-1p <i>Albany</i> CB 2:30p-5:30p <i>Albany</i>
22 NO CLASSES	23 PASS 12:30p-4p <i>Grants Pass</i> SMART 9a-12p <i>Woodburn</i> LGBT 1:30p-4:30p <i>Woodburn</i>	24 D&A 9a-1p <i>Coos Bay/North Bend</i> B&G 9a-12:30p <i>Grants Pass</i> TRIPS 2p-5p <i>Grants Pass</i> KIP 9a-12:30p <i>Salem</i> HH 1:30p-4:30p <i>Portland</i>	25 MedS 1:30p-4:30p <i>Portland</i>	26 F&A 2p-5:30p <i>Clackamas</i> NB 9a-1p <i>Coos Bay/North Bend</i> WT 2:30p-5:30p <i>Coos Bay/North Bend</i> MedS 10a-1p <i>Roseburg</i> PDT 3p-5p <i>Roseburg</i>	27 B&G 9a-12:30p <i>Coos Bay/North Bend</i> SAA 2p-5p <i>Coos Bay/North Bend</i> B&G 9a-12:30p <i>Portland</i> PDT 1:30p-3:30p <i>Portland</i> NB 9:30a-1:30p <i>Roseburg</i> PASS 9a-12:30p <i>Tillamook</i> PDT 2p-4p <i>Tillamook</i>	28 TRIPS 9a-12p <i>Lincoln City</i> SMART 1:30p-4:30p <i>Lincoln City</i>
29 No Classes	30 F&A-Russian 2p-5:30p <i>Portland</i>	31 D&A 11:30a-3:30p <i>McMinnville</i> KIP 9a-12:30p <i>Portland</i> WT 2p-5p <i>Portland</i> F&A-Russian 5p-8:30p <i>Portland</i>				

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