



OHCC Training Newsletter November-December 2018

The Oregon Home Care Commission supports Homecare Workers, Personal Support Workers, and consumer-employers by:

- Defining qualifications of the Homecare Worker (HCW) and the Personal Support Worker (PSW)
- Providing a statewide registry of HCWs and PSWs
- Providing training opportunities
- Serving as the “employer of record” for collective bargaining for HCWs and PSWs who receive service payments that are from public funds

OHCC Website: <https://go.usa.gov/xPkJ6>

[How to become a Homecare or Personal Support Worker](http://www.ohccworkforce.org/)

<http://www.ohccworkforce.org/>

[Homecare Workers Resources](https://go.usa.gov/xPkJA)

<https://go.usa.gov/xPkJA>

[Personal Support Workers Resources](https://go.usa.gov/xPkSb)

<https://go.usa.gov/xPkSb>

[Homecare Worker Orientation](https://go.usa.gov/xPkS3)

<https://go.usa.gov/xPkS3>

[Personal Support Worker Orientation](https://go.usa.gov/xPkSC)

<https://go.usa.gov/xPkSC>



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Registering for Training

Training classes in this newsletter are provided for Homecare Workers (HCWs), Personal Support Workers (PSWs), and the consumer-employers they work for. See page 16 for Adult Foster Care/Guest registration instructions.

Pre-registration is required and assures your spot in the class. Many classes fill to capacity and will not be able to accommodate walk-ins. Please, don't get a "No Show." Email, call or login to the Registry and cancel if you can't make a class! The certifications require workers have low "No Show Rates" for acceptance.

Register Today! Here's how:

1. Self-registration

- ❖ Register online by going to <https://or-hcc.org/> and follow these steps:
 - Select a program area, then login
 - Navigate to the "Training" tab and select "Upcoming Training Classes"
 - Review upcoming classes
 - Sign-up for and/or cancel upcoming classes
- ❖ Register online with iLearnOregon for online course or multiple event courses (ie, COMPASS and Enhanced Certification):
 - See pages 4-5 for full details
 - Go to <https://ilearn.oregon.gov>



2. Send an email

- ❖ Send an email request to: Training.OHCC@dhsosha.state.or.us
 - In your email include:
 - Name
 - Provider Number
 - Name, date, and city of each class you want to attend

3. Give us a call. Call 1.877.867.0077

The Registry

Looking for work? Check the "Help Wanted" section for consumers looking for a worker. Select the county or counties where you want to work to find listings. Click the "Expand" button to make sure you meet the person's needs before calling. The Registry web address is: <https://or-hcc.org/>

To be referred on the Registry, HCWs and PSWs are required to have the following annual continuing education:

- Complete four (4) training classes a year – If you are new, you have one year from the date you receive your provider number to complete these.
- At least once every two years, you must complete one of the following OHCC Safety training classes – PASS, PDT, TRIPS, or COMPASS.
- The other seven (7) classes in those two years can be any class approved for your group (COMPASS counts as two classes).

For help with the Registry, read our Quick Guide found here: <https://go.usa.gov/xPkSf>

Training Completion & Stipends for Attending Classes

HCWs and PSWs may be paid a stipend for attending classes if they meet these criteria:

- ◆ Have an active provider number.
- ◆ Have authorized and paid state provider hours within 3 calendar months prior to the month of the training or during the month the training is held. (Independent Choice Program workers must provide a pay stub or statement from their employer).
- ◆ Have not received a stipend for the same class in the previous 12 months.
- ◆ If you miss more than 15 minutes of the class, the pay is pro-rated for the time attended and you will not receive a certificate of completion for the class.

These payments are not considered work hours and will not have withholding. Training hours are not used to determine benefit eligibility.

Please allow approximately 9-12 weeks to receive payment and for the classes to appear as completed in your Registry profile. If you have not received payment by then, please send an e-mail to Training.OHCC@dhsosha.state.or.us

Adult Foster Care (AFC) and private pay providers DO NOT receive stipend pay for attending classes. Please refer to the list of class descriptions for 'AFC CEU' approved classes.

Medical Open Enrollment for 2019 is Around the Corner!

If you need to enroll in new or different medical insurance for 2019, or if you need to update your current Marketplace medical coverage, you will need to act quickly during open enrollment. Open enrollment begins on November 1st for medical coverage beginning January 1, 2019. If you are enrolled in Medicaid, or you are enrolled in medical insurance through a family member or through your job, this may not apply to you. (Remember, the Oregon Homecare Workers Trusts do not provide employer-sponsored benefits.) If you have internet access, visit <https://www.orhomecaretrust.org/> for more information.

For participants enrolled in Medicare Part B, open enrollment to shop for additional coverage in 2019 begins on October 15th this year. Visit the website to review the benefits that may be available to you through the Oregon Homecare Workers Supplemental Trust.

Would you like to attend an Education Event to meet with the Healthcare Enrollment Team in person and review the benefits that may be available to you? Visit the Trust website to see if there is an Event in your area. If there are currently no events in your area, please call and let us know you would be interested in attending an event in your area in the future!

No internet access? No problem! Call the Trusts' Healthcare Enrollment Team for more information at 503-303-5668 (Portland Metro Area) or toll free 1-855-437-2694.

HAVE YOU JOINED US FOR AN ORIENTATION YET?

VIEW AND REGISTER ONLINE FOR EITHER AN UPCOMING HOMECARE OR PERSONAL SUPPORT WORKER ORIENTATION WITH THE LINKS BELOW:

HCW - <https://go.usa.gov/xQTUQ>

PSW and/or eXPRS - <https://go.usa.gov/xQTUw>

Online Courses in iLearnOregon ****AVAILABLE NOW****



The Oregon Home Care Commission now offers three online courses for homecare and personal support workers: “*Helping Caregivers Fight Fraud and Abuse*,” “*Keeping It Professional*,” and “*Working Together*.” All are now available on iLearnOregon. Providers are now able to complete the three Core Courses required for the Professional Development Certification entirely online.

The three core online courses provide another means for workers to receive training rather than just the traditional in-person classroom setting. Workers may choose which learning environment they feel works best for them!

Once the registration on iLearnOregon is complete (see the following page), a worker will be able to sign up to take a course. It is very important that providers use the online course links provided by OHCC. The links for each of the available courses can be found below and in the written instructions for registering. Each course has three parts to the course curriculum: the worker guide, the course itself and the online assessment. The worker guide can be downloaded and saved on the computer or it can be printed out. The online assessment is included and workers who are working towards their *Professional Development Certification*, will need to complete the assessment and score 80% to receive credit for the assessment. The iLearnOregon course assessment is online for those who have completed the course online and not for workers who have completed the course in the in-person classroom setting (there is another assessment option for those in the classroom).

If the course taken in iLearnOregon is the exact class offered in the in-person classroom, then the worker will qualify for a stipend for the online course on the 12th month of receiving a stipend for the in-person classroom. To request a stipend once the course is complete, the worker will take the assessment (if they want to earn PDC credit), and then fill out an online Training Participation Record (TPR) form. The TPR form includes required information that the OHCC staff needs to give the worker credit for the course and process a stipend. Workers who fail to complete their TPR accurately will experience a delay in credit and stipend payment. Detailed instructions to request a stipend are given at the end of each course.

Currently Available Online Courses*

PDC Online Courses:

Helping Caregivers Fight Fraud & Abuse: <https://go.usa.gov/xU2uv>

Keeping It Professional: <https://go.usa.gov/xUTqe>

Working Together: <http://go.usa.gov/xPBku>

Orientations:

Personal Support Worker Orientation: <https://go.usa.gov/xRVMz>

Classroom Training:

COMPASS: <http://go.usa.gov/xU6D4>

Enhanced Certification Training: <https://go.usa.gov/xUHqs>

*These links are case sensitive and should be entered into your Internet browser exactly as they appear.

Important:

- ◆ The online courses do require access to a computer and are not recommended or designed for tablets or smart phones
- ◆ Although most workers do have access to a computer, some workers may not. Public computer access will vary, depending on the community; options may include libraries or WorkSource Oregon
- ◆ Courses in iLearnOregon should be accessed through Firefox, Chrome, Edge, or Safari may be used. Do NOT use Internet Explorer
- ◆ Workers are able to reset their own password in iLearnOregon from the login page

Your iLearnOregon Account

Providers must register for an iLearnOregon account before you can register yourself for a class. Once you have registered as a user with iLearnOregon, you won't have to complete that step again. iLearnOregon is password protected and if you forget your password you may easily request a reset from iLearnOregon login page. Of course, be sure to save your username and password once created!

How?

You may create your iLearnOregon account by following the detailed instructions found on the Oregon Home Care Commission website at <https://go.usa.gov/xU5HZ>. Workers should be aware that if they do not follow the written instructions exactly, they may find themselves unable to register or take the course.

Notifications will be automatically generated to you based upon the email address you enter into iLearnOregon. If for some reason you fail to receive a confirmation email for a course you have registered for, go back in and verify your email address.

Stipends? Course Credit?

OHCC depends upon the Registry to help calculate the "No Show" rate as well as the 12-month stipends rule. Additionally, consumers can view which courses a worker has completed. To ensure these business practices are in place, OHCC staff will manually register any registration information from iLearnOregon into the Registry. iLearnOregon is advantageous for registering courses with multi sessions as well as providing workers with the ability to take online courses.

If you run into any problems using iLearnOregon, please email DHS.TRAINING@dhsosha.state.or.us or call (503) 947-5457 between 8:00 AM – 4:30 PM, Monday - Friday (except holidays).



Register for **COMPASS** and **ENHANCED CERTIFICATION** in **iLearnOregon** *Interested in signing up for COMPASS or the Enhanced Certification course?* Register in **iLearnOregon** for these two classroom cohorts

iLearnOregon offers several registration improvements:

- Register **one time** for all events within the course
- An *immediate confirmation* email includes:
 - Dates, times, location of each event
 - Instructions on how to cancel registration
 - Course description
 - Option to add event details to your personal calendar
- View all course events with details which include dates, times, and locations
- Built-in map & directions on how to find class locations
- Automatic Password reset for iLearnOregon should you forget your password
- Three automatic email reminders for your events: two weeks before, one week before and two days before class
- Course credit will be added to the Registry by OHCC staff
- Transcripts will be available on iLearnOregon at any time
- Auto enroll from the Waitlist to Class Registration:
 - When classes are full, a Waitlist will automatically be created
 - If someone cancels their registration, it allows a class opening
 - The first one on the Waitlist will auto enroll & receive an email confirmation
 - Auto enrolled and can't make the date? Simply cancel the registration by following the cancellation instructions included in the registration email

Enhanced Worker Certification Course

Are you interested in being certified as an Enhanced Worker? The Enhanced Worker Certification Course includes up to 25 hours of course work in addition to out-of-class requirements that require access to the internet. The certification will allow workers the opportunity to earn \$1.00 above base rate pay *for any consumers pre-approved for enhanced needs*.

Workers (with the exception of CIIS PSWs or those who have a current Professional Development Certification) will need to pass a Readiness Assessment before attending the course. The assessment is based on content from the following eleven (11) classes: Bathing & Grooming, Challenging Behaviors, Durable Medical Equipment, Keeping It Professional, Medication Safety, Helping Caregiver Fight Fraud and Abuse, Nutrition Basics, Working Together, Preventing Disease Transmission, Protect Against Sprains and Strains, and Taking Responsibility In Personal Safety.

Here is the link to take the Enhanced Readiness Certificate any time, day or night, 24/7: <https://www.surveymonkey.com/r/RFSSX97>

After you pass the assessment, with a score of 80% or higher, you will receive an email with details about signing up for the classes. Please visit the certifications webpage for information on how to prepare for this certification and application requirements <http://go.usa.gov/xUNaB>

If interested, or if you have any questions, send an email to Certifications.ohcc@dhsaha.state.or.us. Please include the word 'Enhanced' in the subject line!

Exceptional Worker Certification for PSW's

What is an Exceptional PSW Certification? The "Exceptional Worker Certification" means a worker certified by the Oregon Home Care Commission to deliver services to individuals who require advanced medically or behaviorally driven services and supports beyond the Enhanced level as determined by the service coordinator or personal service agent. The program is for PSW's only.

The Exceptional Personal Support Worker Certification requires a time commitment of 10 to 12 hours of blended learning. The certification will allow workers the opportunity to earn \$3.00 above base rate pay *for any consumers pre-approved for exceptional needs*. To apply for the Exceptional Personal Support Worker Certification Program, you must:

- Have an active Personal Support Worker provider number.
- Have already completed the Enhanced Certification Program *and have your certification*.
- Have a current OIS certification.
- Have less than a 20% "No-Show" rate for OHCC classes. Agree to the time commitment.

For more details, please visit our website at <http://go.usa.gov/xUNaB>

If interested, or if you have any questions, please send an email to: Certifications.ohcc@dhsaha.state.or.us. Please include the word 'Exceptional' in the subject line!

Professional Development Certification (PDC)

The Professional Development Certification (PDC) offers PSWs or HCWs a way to earn a higher wage of .50 cents above the base rate. Courses and requirements offer an educational opportunity intended to help the worker build skills to be applied in their day to day work experience. The certification is valid for 24-months.

Requirements:

- Have an active Medicaid Provider Number
- Complete the three (3) Core courses, five (5) hours of Safety Courses, and five (5) hours of Elective Courses (*see descriptions below*)
- Take the online assessment for each course you complete – achieving a score of 80% or better
- Obtain and maintain a current, active Adult CPR/First Aid certification
- OHCC course attendance No Show Rate of 20% or less



Once all requirements are met, complete and submit a Professional Development Certification Application to OHCC. Applications can be found on our website:

<http://go.usa.gov/xPkhD>

Please email the application, along with attached copies of your CPR/First Aid cards, to Certifications.OHCC@dhsosha.state.or.us

Applications must be in the OHCC office by the first day of the month to be eligible for certification approval. If all requirements have been met then approval and certification will begin the first day of the following month. **Example:** an emailed application arrives and is date stamped at OHCC January 12, 2018; it would qualify to have certification begin on March 1, 2018. The deadline for February 1, 2018 was missed because the application was not received by January 1, 2018.

Processing applications take time; please allow 2-3 weeks from the first week of the upcoming month. Once you have been approved, you will receive a confirmation email informing you of the two-year certification period with your attached Professional Development Certificate.

Helpful Tips:

- ✓ A course must be completed before the assessment will count.
- ✓ Only your first assessment score counts. If the score is lower than 80%, you will need to retake the course and assessment.
- ✓ You may get an assessment link from the instructor or email Certifications.OHCC@dhsosha.state.or.us
- ✓ Keep a log of the assessments you have completed and your scores.
- ✓ Keep a close eye on your renewal date for your CPR/First Aid and plan ahead so you don't have a gap in your Professional Development Certification wage increase.
- ✓ If you have questions, please send an email to: Certifications.OHCC@dhsosha.state.or.us

Avoid Wage Interruption

In order to avoid wage interruption when your CPR/First Aid cards expire, you must do the following:

1. Track the expiration date of your CPR/First Aid cards on your personal calendar
2. Send a copy of the CPR/First Aid cards directly to OHCC as soon as you get the renewal card
3. Send to Certifications.OHCC@dhsosha.state.or.us.

If you do not provide OHCC with a copy of your card, the .50 wage increase will drop off your hourly rate. The .50 wage will return on the next pay period after the card is provided to OHCC, not the effective date on the cards so ***don't forget to send us your renewal cards!***

Renewal Process: Professional Development Certification (PDC)

The Oregon Home Care Commission, in collaboration with the Training Committee and approved by the Commissioners, has determined the renewal process for homecare and personal support workers. Below are the requirements which a homecare or personal support worker will need to follow to renew their PDC for an additional 24-months:

- Repeat the course requirements – Core Courses, five hours of Safety Courses, and five hours of Elective Courses
- Take the assessments for the courses you complete, with a score 80% or better
- Keep your CPR/First Aid certification current and make sure OHCC has a copy (see “Avoid Interruption” on previous page)
- Maintain an attendance record for OHCC classes of 80% or better.
- Providers are NOT required to submit a new application for renewal – OHCC will automatically check and renew the certification at the expiration date

IMPORTANT: *only courses and assessments taken after the first 12-months of certification will be counted towards PDC renewal.*

Example: If you received your PDC effective 01/01/2017 and ending on 12/31/2018; you would have all of 2018 to take courses towards renewal. If you took Medication Safety (11/12/2017), Preventing Disease Transmission (1/15/2018), and Nutritional Basics (3/5/2018), both PDT and NB will count towards renewal; so long as you complete and pass both assessments. MedS would not count because it was taken in the first 12-months of having PDC.

****NOTICE****

*WORKING TOGETHER IS NOW AVAILABLE ON ILEARNOREGON
PROVIDERS MAY TAKE ALL THREE CORE COURSES ONLINE WHEN EITHER APPLYING
FOR PROFESSIONAL DEVELOPMENT CERTIFICATION OR SEEKING RENEWAL*

Oregon Intervention System-General (OIS-G)

OIS-G is Oregon’s system of training and implementing the principles of Positive Behavior Support and Intervention for people who support adults and children with Intellectual/Developmental Disabilities who may display challenging behaviors. This course is offered to Personal Support Workers who provide in-home supports through OHCC. The Oregon Home Care Commission offers this two-day OIS-G Training at no cost for Personal Support Workers who:

- Have an active PSW provider number or can show proof of approved, paid employment through a Community Developmental Disability Program (CDDP), Children’s Intensive In-Home Services (CIIS), or Brokerage.
- Can show proof of paid hours as a PSW in one of three full calendar months prior to submitting the request form.
- Have completed at least two Oregon Home Care Commission training classes (except for Challenging Behaviors).
- A No Show Rate for attending OHCC training classes of 20% or below.
- After submitting an OIS-G Training Request Form, you will be contacted to register for an OIS-G Training. A training stipend may be available **if** OIS-G is required in the approved behavioral care plan. Download the Request Form here <http://go.usa.gov/xPkh9>

OHCC Courses

Course	Description	Length	Stipend Available
Bathing & Grooming (B&G) *PDC Elective Course	Skills in personal care activities of bathing, shaving, skin care & grooming with a focus on using person-centered values and techniques. A video demonstrating hands-on care is shown.	3 ½ hrs	HCW PSW ICP
Blindness & Low Vision (BLV) *AFC CEUs	An overview of eye diseases and vision loss; techniques for working with someone sight-impaired; being a sighted guide; helping someone to live independently; resources and adaptive equipment for use in the home.	3 hrs	HCW PSW ICP
Communities of Practice and Safety Support (COMPASS) *PDC Safety Course	This program promotes injury prevention and health for Homecare and Personal Support Workers. It involves seven (7) sessions, each two (2) weeks apart. Be a part of a small team of workers learning and sharing health, safety, and work practices. Completion of COMPASS will meet all 5 hours of Safety Skills Courses required for PDC. *Effective as of 5.1.2018	15 hrs (7 wks/ 2-3 hrs ea)	HCW PSW ICP
Dementia 101 (DEM 101)	An introduction to supporting individuals experiencing dementia. This course covers a basic overview of the dementia process and the different types; ways to promote health and safety; communication tips including remaining calm and positive.	3 hrs	HCW PSW ICP
Diabetes by the Numbers (DBN) *AFC CEUs	A class on the basics of diabetes. What is it? Are you at risk? The class will cover: carbohydrate identification; label reading and portion control; preventing complications; glucose testing; and understanding the numbers.	3 ½ hrs	HCW PSW ICP
Diversity Awareness – Challenges Facing Lesbian, Gay, Bisexual, Transgender Adults (LGBT) *AFC CEUs	Learn terminology & definitions, gain an understanding of the lives of LGBT adults, and learn ways to be welcoming and inclusive.	3 hrs	HCW PSW ICP
Durable Medical Equipment (DME) *AFC CEUs	Helpful hints on safely using mobility devices, bath & toilet aides, Hoyer lifts, and other medical equipment. Tips on choosing, fitting, and using devices.	4 hrs	HCW PSW ICP
End of Life (EoL) *AFC CEUs	An overview of end of life, including: the dying process; the difference between palliative care vs hospice; and, the role of the provider in supporting an individual at the end of life.	3 hrs	HCW PSW ICP
Everyone Communicates (EC) *PDC Elective Course for PSW only	Learn effective communication partner strategies that make a positive impact on the people you support with communication challenges and intellectual and developmental disabilities who experience communication challenges.	4 hrs	HCW PSW ICP

Course	Description	Length	Stipend Available
Grief & Loss (G&L) *AFC CEUs	Understanding the process of grief, the myths and realities of grieving and loss, ways to help others, compassion fatigue and caring for yourself.	3 ½ hrs	HCW PSW ICP
Heart Healthy (HH) *PDC Elective Course *AFC CEUs	How the heart works, understanding common heart problems, monitoring blood pressure, recognizing heart emergencies, & creating a heart healthy lifestyle.	3 hrs	HCW PSW ICP
Helping Caregivers Fight Fraud & Abuse (F&A) *PDC Core Course *AFC CEUs	Recognizing & reporting abuse & neglect of children, older adults and disabled persons and Medicaid & Medicare fraud; the role of the caregiver; problem solving; local resources.	Class: 3 ½ hrs Online: 1 ½ hrs	HCW PSW ICP
Keeping It Professional (KIP) *PDC Core Course	The role of the worker in: setting professional boundaries, working with the task list, when and how to keep things confidential, and tips for recordkeeping.	Class: 3 ½ hrs Online: 1 ½ hrs	HCW PSW ICP
Medication Safety (MedS) *PDC Safety Course	Assisting adults who manage their own medication, including: types and effects of medications; assisting with documentation, storage; recognizing risks and warning signs; and the role of the worker.	3 hrs	HCW PSW ICP
Nutrition Basics (NB) *PDC Elective Course *AFC CEUs	Basics of nutrition, nutrient categories, meal timing, and meal balance using person-centered strategies and tools to promote informed choices as well as common nutrition related concerns.	4 hrs	HCW PSW ICP
Preventing Disease Transmission (PDT) *PDC Safety Course *AFC CEUs	Causes of infectious diseases and routes of transmission; reducing risks; best practices in housekeeping and caregiving to prevent the spread of diseases.	2 hrs	HCW PSW ICP
Protect Against Sprains and Strains (PASS) *PDC Safety Course *AFC CEUs	Basic principles of body mechanics; making changes in work activities to minimize risks and protect yourself and others; review of some assistive equipment.	3 ½ hrs	HCW PSW ICP
Ready, Set, Work (RSW)	Create a professional marketing approach to finding work; how to use the Registry & Referral System; and what you should do before starting a job. NOTE: Workers do not need to have worked to qualify for a stipend for this class.	4 hrs	HCW PSW ICP
Respiratory Care: Oxygen to Ventilators (RC) *AFC CEUs	End-stage respiratory diseases, basics on the use of oxygen, nebulizers, & ventilators.	3 ½ hrs	HCW PSW ICP

Course	Description	Length	Stipend Available
Sensory Processing Disorder – Adults (SPD-A) <i>*PDC Elective Course</i>	Covers the following: what is Sensory Processing Disorder; overview of the senses; ASD and ADHD; understanding how an adult with SPD perceives input; and supports for community mobility. <i>*Effective as of 5.1.2018</i>	3 hrs	HCW PSW ICP
Sensory Processing Disorder - Children (SPD-C) <i>*PDC Elective Course</i>	Covers the following: what is Sensory Processing Disorder; overview of the senses; ASD and ADHD; impacts on a child's day; understanding how a child with SPD perceives input; and sensory diets. <i>*Effective as of 5.1.2018 *PSW credit for PDC only</i>	3 hrs	HCW PSW ICP
Stress Management and Relaxation Techniques (SMART) <i>*AFC CEUs</i>	Understanding stress and its effects; identifying triggers; fun and practical techniques for coping with stress.	3 hrs	HCW PSW ICP
Substance Abuse Awareness (SAA)	Review the OHCC Drug-Free Workplace policy for workers, learn the impact of drug and alcohol abuse, the role of the worker, and resources for help.	3 hrs	HCW PSW ICP
Taking Responsibility in Personal Safety (TRIPS) <i>*PDC Safety Course</i>	Ideas for preventing injuries from slips and trips in the home; assessing risk factors; assisting in planning and preparing for emergencies, safe driving tips.	3 hrs	HCW PSW ICP
Working Together (WT) <i>*PDC Core Course</i>	Assertive communication and problem-solving techniques for employers & workers; clarifying expectations; using person- directed values and language.	3 hrs	HCW PSW ICP
Working with Challenging Behaviors (CB) <i>*PDC Elective Course</i> <i>*AFC CEUs</i>	Practical information about working with seniors and adults with physical disabilities regarding types and causes of challenging behaviors, problem solving, and communication ideas. <i>*HCW credit for PDC only</i>	3 hrs	HCW PSW ICP

Working Together is now online!

*With the addition of this course to iLearnOregon, you may now complete **all three** Core Courses required for Professional Development Certification in the online learning environment.*

Once you have created your iLearnOregon account, use the link below to register:

<http://go.usa.gov/xPBku>

Web address is case sensitive. Be sure to enter it exactly as it appears.

Classes in other languages

Somali

Daruus ku bixi doonta afka somaliga aya hada bixin doonta oregon home care commision portland gudaheedi. Fasal cusub aya la bixin donaa laba isbuuc walba. Hoos waxaa ku xusan xiliga daruusta la dhigi doono bisha November iyo Diseembar.

Magaalada	Waqtiga iyo Taariikhda	Fasalka Magaciisa	Goobta
Portland	11/02/2018 4:30p – 8:00p	Ka Hortaga Murqacashada Iyo Cadaadiska (PASS)	IRCO 10301 NE Glisan St
	11/03/2018 11:30a – 3:00p	Ka Hortaga Murqacashada Iyo Cadaadiska (PASS)	IRCO 10301 NE Glisan St
	11/09/2018 4:30p – 6:30p	Ka Hortaga Gudbinta Cudurka (PDT)	IRCO 10301 NE Glisan St
	11/10/2018 11:30a – 1:30p	Ka Hortaga Gudbinta Cudurka (PDT)	IRCO 10301 NE Glisan St
	11/16/2018 4:30p – 7:00p	Xanuunka Farsameynta Dareenka – Caruurta (SPD-C)	IRCO 10301 NE Glisan St
	11/17/2018 11:30a – 2:30p	Xanuunka Farsameynta Dareenka – Caruurta (SPD-C)	IRCO 10301 NE Glisan St
	12/08/2018 11:30a – 3:00p	Ku caawinta Daryeelayaasha La dagaalanka Qiyaanada iyo Xadgudubka (F&A)	IRCO 10301 NE Glisan St
	12/15/2018 11:30a – 3:00p	Joogteynta Jaheynta Tababarka Xirfadlaha (KIP)	IRCO 10301 NE Glisan St

عربي

دورات تدريبية للرعاية المنزلية في اللغة العربية مقدمة من لجنة الرعاية المنزلية في ولاية أوريغون في منطقة بيفرتون. يتم تقديم حصص تدريبية جديدة كل أسبوعين. فيما يلي جدول الحصص التدريبية في شهري تموز واب .

مدينة	التاريخ و الوقت	اسم الصنف	موقعك
Portland	11/09/2018 5:00p - 8:00p	صحة القلب (HH)	IRCO 10301 NE Glisan St
	11/29/2018 5:00p - 8:30p	العمل سوياً (WT)	IRCO 10301 NE Glisan St
	12/13/2018 5:00p - 8:30p	مساعدة مقدمي الرعاية على مكافحة الاحتيال وسوء المعاملة (F&A)	IRCO 10301 NE Glisan St

Русский

Курсы на русском языке будут регулярно проводиться в Портленде и его окрестностях, Сейлеме и Вудберне. Ниже приведен график занятий на ноябрь и Декабрь.

Город	число и время класса	название класса	место проведения
Portland	11/09/2018 11:00a – 2:30p	КАК ОСТАВАТЬСЯ ПРОФЕССИОНАЛОМ (KIP)	SEIU Local 503 Union Hall 6401 SE Foster Road
	11/14/2018 1:00p – 4:00p	Здоровое сердце (HH)	SMILE Station 8210 SE 13th Ave
	11/28/2018 2:00p – 5:30p	Помощь домработнику в борьбе с обманом и насилием (F&A)	SEIU Local 503 Union Hall 6401 SE Foster Road
	12/04/2018 5:00p – 8:00p	Управление Стрессом и Методики Снятия напряжения (SMART)	SEIU Local 503 Union Hall 6401 SE Foster Road
	12/13/2018 2:00p – 5:00p	Сотрудничество (WT)	SEIU Local 503 Union Hall 6401 SE Foster Road
Salem	11/27/2018 2:00p – 4:30p	ДИАБЕТ В ЦИФРАХ (DBN)	CATC 3414 Cherry Avenue NE (Fort Rock Room)
	12/11/2018 9:00a – 12:00p	Ответственность за личную безопасность – в ваших руках (TRIPS)	Day's Inn Black Bear 1600 Motor Ct NE
	12/11/2018 1:30p – 3:30	Профилактика передачи инфекции (PDT)	Day's Inn Black Bear 1600 Motor Ct NE

Español

Las clases para PSW's y HCW's en español continúan ocurriendo en todas las áreas de Portland Metro y Woodburn. En junio, las clases en español comenzaron a ofrecerse en el condado de Deschutes. A continuación se encuentran las clases de noviembre y diciembre.

Ciudad	Fecha y Hora	Nombre de la Clase	Ubicación de la Clase
Gresham	11/30/2018 1:30p – 4:30p	Trabajar juntos (WT)	Gresham Public Library 385 NW Miller Ave
Woodburn	12/07/2018 8:30a - 12:00p	Cómo actuar de forma profesional (KIP)	DHS Training Center 120 E Lincoln Street
Woodburn	12/07/2018 1:30p - 4:30p	Cómo ser responsables de nuestra seguridad personal (TRIPS)	DHS Training Center 120 E Lincoln Street

COMPASS

Communities of Practice And Safety Support, or COMPASS, is a program meant to promote injury prevention and health for Homecare and Personal Support Workers. Over seven (7) sessions, each two (2) weeks apart, a small group of workers learn and share together about health, safety, and work practices. COMPASS members work as a team in collaboration with each other to share best practices and help with problem solving. Each member is expected to participate fully. This is not a class to sit back and listen! Check the Registry for locations and register today!

When signing up for COMPASS, you are **committing to attend all seven sessions**. Attendance to the first session is required in order to attend any other sessions. If the first session is missed, the worker will be cancelled out of the rest of the series. To receive a Certificate of Completion, you must attend at least five of the sessions. You will receive the OHCC Training Stipend for each session, if you meet the criteria. Courses are limited in size, so if you choose to register, do so early. If you are unable to make commit to the participation requirements, then please allow the spot to be used by someone else.

Registration for in-person COMPASS classes is now through iLearnOregon <http://go.usa.gov/xU6D4>

CPR/First Aid Training

The Oregon Home Care Commission will pay for the cost of basic CPR/First Aid training for eligible HCWs and PSWs. To be eligible, workers must have:

- ✓ An active provider number;
- ✓ Authorized and paid provider hours in any one of prior three months or the current month;
- ✓ Completed a minimum of two Home Care Commission sponsored training classes (excluding Orientation);
- ✓ Attended four additional classes if the Home Care Commission previously paid for CPR/First Aid training since your last certification; and,
- ✓ A no-show rate of 20% or below for attending Home Care Commission training classes.

IMPORTANT: Prior approval must be received before registering for a CPR/First Aid class. The Home Care Commission will not reimburse providers who pay out of pocket for training classes.

To apply:

- ✓ Download an application from the website at: <http://go.usa.gov/xP8qy> , or
- ✓ Get application form at a training class and turn it in to the trainer, or
- ✓ Send a written request. Provide your name, address, county, phone number, provider number and list the Home Care Commission training classes you have attended. Send the information to the Oregon Home Care Commission using one of the following three options:
 - Mail: ATTN: CPR, Oregon Home Care Commission, Basement Level, 550 Capitol St NE, Salem, OR 97301
 - Email: Training.OHCC@dhsosha.state.or.us
 - Fax: 503.378.5886

You will be contacted with information about how to sign up for CPR / First Aid classes in your area. Requests are processed twice a month, so please allow a few weeks for a response. We do NOT pay a stipend for your time for attending this class.



Adult Foster Care & Private Pay

- ✓ Cost: \$15 per class hour. Payment must be paid **prior to** attending class.
- ✓ If you would like to attend a class email Training.OHCC@dhsosha.state.or.us at least 14 days before the class.
- ✓ OHCC will contact you regarding payment and classroom availability.



CLASS LIST BY CITY

City	Class Date and Time	Class Name	Location
Albany	11/07/2018, 09:00a - 12:30p	Fighting Fraud & Abuse	Holiday Inn Express and Suites, 105 Opal Court NE
	11/15/2018, 08:30a - 11:30a	Stress Management and Relaxation Techniques	Holiday Inn Express and Suites, 105 Opal Court NE
	11/15/2018, 1:00p - 4:30p	Respiratory Care: Oxygen to Ventilators	Holiday Inn Express and Suites, 105 Opal Court NE
	11/28/2018, 1:00p - 4:30p	Keeping It Professional	Holiday Inn Express and Suites, 105 Opal Court NE
	12/06/2018, 09:00a - 12:00p	Working Together	Holiday Inn Express and Suites, 105 Opal Court NE
	12/06/2018, 1:30p - 4:30p	Taking Responsibility in Personal Safety	Holiday Inn Express and Suites, 105 Opal Court NE
	12/10/2018, 12:30p - 4:00p	Diabetes By The Numbers	Holiday Inn Express and Suites, 105 Opal Court NE
Astoria	11/08/2018, 09:00a - 1:00p	Everyone Communicates	WorkSource, 450 Marine Dr. Suite 110
	12/05/2018, 09:00a - 12:00p	Stress Management and Relaxation Techniques	CMH Columbia Center, 2021 Marine Dr/Hwy 30
	12/05/2018, 1:30p - 4:30p	Working Together	CMH Columbia Center, 2021 Marine Dr/Hwy 30
Baker City	11/30/2018, 09:00a - 12:30p	Protect Against Sprains & Strains	Blue Mountain Community College, 3275 Baker St
	12/14/2018, 09:00a - 12:00p	Stress Management and Relaxation Techniques	Blue Mountain Community College, 3275 Baker St
	12/14/2018, 1:30p - 4:30p	Working with Challenging Behaviors	Blue Mountain Community College, 3275 Baker St
Beaverton	11/03/2018, 09:30a - 12:30p	Sensory Processing Disorder - Adult	The Griffith Park Building, 4755 SW Griffith Dr
	11/19/2018, 1:30p - 4:30p	Substance Abuse Awareness	Beaverton Community Center, 12350 SW 5th St
	11/21/2018, 09:00a - 12:30p	Protect Against Sprains & Strains	Beaverton Community Center, 12350 SW 5th St
	12/05/2018, 12:30p - 4:30p	Everyone Communicates	Beaverton Community Center, 12350 SW 5th St
Continued next page	12/10/2018, 09:00a - 12:00p	Working Together	The Griffith Park Building, 4755 SW Griffith Dr

CLASS LIST BY CITY

City	Class Date and Time	Class Name	Location
Beaverton continued	12/10/2018, 1:30p - 4:30p	Dementia 101	The Griffith Park Building, 4755 SW Griffith Dr
	12/14/2018, 09:00a - 12:00p	Medication Safety	Beaverton Community Center, 12350 SW 5th St
Bend	11/13/2018, 09:30a - 4:30a	Enhanced Certification Day 1	Register in iLearnOregon https://go.usa.gov/xUHgs
	11/14/2018, 09:30a - 4:30a	Enhanced Certification Day 2	Register in iLearnOregon https://go.usa.gov/xUHgs
	11/16/2018, 09:00a - 12:00p	Sensory Processing Disorder - Adult	DHS APD Office, 1300 NW Wall Street, Suite 102
	11/16/2018, 1:30p - 4:30p	Diversity Awareness: Challenges Facing LGBT Adults	DHS APD Office, 1300 NW Wall Street, Suite 102
	11/27/2018, 09:30a - 4:30a	Enhanced Certification Day 3	Register in iLearnOregon https://go.usa.gov/xUHgs
	11/28/2018, 09:30a - 4:30a	Enhanced Certification Day 4	Register in iLearnOregon https://go.usa.gov/xUHgs
	12/13/2018, 08:30a - 12:00p	Protect Against Sprains & Strains	Hampton Inn & Suites, 730 SW Columbia St
	12/13/2018, 1:30p - 5:00p	Bathing and Grooming	Hampton Inn & Suites, 730 SW Columbia St
	12/14/2018, 09:00a - 12:00p	Taking Responsibility in Personal Safety	DHS APD Office, 1300 NW Wall Street, Suite 102
Brookings	11/07/2018, 12:00p - 4:00p	Ready Set Work	The Events Center, 800 Chetco Avenue
	12/04/2018, 1:30p - 4:30p	Dementia 101	The Events Center, 800 Chetco Avenue
	12/05/2018, 09:30a - 4:30a	Enhanced Certification Day 1	Register in iLearnOregon https://go.usa.gov/xUHgs
	12/06/2018, 09:30a - 4:30a	Enhanced Certification Day 2	Register in iLearnOregon https://go.usa.gov/xUHgs
	12/07/2018, 08:30a - 12:00p	Diabetes By The Numbers	The Events Center, 800 Chetco Avenue
	12/19/2018, 09:30a - 4:30a	Enhanced Certification Day 3	Register in iLearnOregon https://go.usa.gov/xUHgs
	12/20/2018, 09:30a - 4:30a	Enhanced Certification Day 4	Register in iLearnOregon https://go.usa.gov/xUHgs

CLASS LIST BY CITY

City	Class Date and Time	Class Name	Location
Clackamas/ Gladstone	12/05/2018, 08:30a - 12:00p	Diabetes By The Numbers	Holiday Inn Express, 75 82nd Dr, Gladstone, OR
	11/08/2018, 09:30a - 4:30a	Enhanced Certification Day 1	Register in iLearnOregon https://go.usa.gov/xUHgs
	11/09/2018, 09:30a - 4:30a	Enhanced Certification Day 2	Register in iLearnOregon https://go.usa.gov/xUHgs
	11/14/2018, 08:30a - 11:30a	Medication Safety	Clackamas Banquet Center (Denny's), 15815 SE 82nd Dr
	11/14/2018, 1:00p - 4:30p	Respiratory Care: Oxygen to Ventilators	Clackamas Banquet Center (Denny's), 15815 SE 82nd Dr
	11/20/2018, 09:00a - 12:30p	Bathing and Grooming	Clackamas Banquet Center (Denny's), 15815 SE 82nd Dr
	11/20/2018, 2:00p - 5:00p	Stress Management and Relaxation Techniques	Clackamas Banquet Center (Denny's), 15815 SE 82nd Dr
	12/01/2018, 09:30a - 12:30p	End of Life	Clackamas Banquet Center (Denny's), 15815 SE 82nd Dr
	12/05/2018, 1:30p - 4:30p	Heart Healthy	Holiday Inn Express, 75 82nd Dr, Gladstone, OR
	12/06/2018, 09:30a - 4:30a	Enhanced Certification Day 3	Register in iLearnOregon https://go.usa.gov/xUHgs
	12/07/2018, 09:00a - 1:00p	Everyone Communicates	Holiday Inn Express, 75 82nd Dr, Gladstone, OR
	12/07/2018, 09:30a - 4:30a	Enhanced Certification Day 4	Register in iLearnOregon https://go.usa.gov/xUHgs
	12/08/2018, 09:30a - 1:00p	Protect Against Sprains & Strains	Holiday Inn Express, 75 82nd Dr, Gladstone, OR
	12/11/2018, 12:30p - 4:30p	Ready Set Work	Holiday Inn Express, 75 82nd Dr, Gladstone, OR

CLASS LIST BY CITY

City	Class Date and Time	Class Name	Location
Coos Bay/North Bend	11/08/2018, 08:30a - 12:00p	Bathing and Grooming	Coos Bay Public Library, 525 Anderson Avenue
	11/08/2018, 1:30p - 4:30p	Heart Healthy	Coos Bay Public Library, 525 Anderson Avenue
	11/09/2018, 08:30a - 11:30a	Sensory Processing Disorder - Child	South Coast Hospice, 1620 Thompson Rd
	11/09/2018, 1:00p - 3:00p	Preventing Disease Transmission	South Coast Hospice, 1620 Thompson Rd
	12/06/2018, 08:30a - 12:30p	Nutrition Basics	South Coast Hospice, 1620 Thompson Rd
	12/06/2018, 1:30p - 4:30p	Substance Abuse Awareness	South Coast Hospice, 1620 Thompson Rd
Eugene/ Springfield	11/14/2018, 1:00p - 4:00p	Medication Safety	Phoenix Inn Suites, 850 Franklin Blvd
	11/16/2018, 09:00a - 12:00p	Taking Responsibility in Personal Safety	Phoenix Inn Suites, 850 Franklin Blvd
	11/20/2018, 09:00a - 12:00p	Diversity Awareness: Challenges Facing LGBT Adults	Phoenix Inn Suites, 850 Franklin Blvd
	11/20/2018, 1:30p - 4:30p	Stress Management and Relaxation Techniques	Phoenix Inn Suites, 850 Franklin Blvd
	11/28/2018, 1:00p - 4:30p	Protect Against Sprains & Strains	Phoenix Inn Suites, 850 Franklin Blvd
	11/28/2018, 5:30p - 8:30p	Sensory Processing Disorder - Child	Laurel Hill Center, 2145 Centennial Plaza
	12/01/2018, 09:30a - 9:30a	Enhanced Certification Day 3	Register in iLearnOregon https://go.usa.gov/xUHgs
	Sun 12/02/2018, 09:30a - 4:30a	Enhanced Certification Day 4	Register in iLearnOregon https://go.usa.gov/xUHgs
	12/05/2018, 12:00p - 3:30p	Bathing and Grooming	Phoenix Inn Suites, 850 Franklin Blvd
	12/10/2018, 5:30p - 8:30p	Working with Challenging Behaviors	Laurel Hill Center, 2145 Centennial Plaza
	12/11/2018, 08:30a - 11:30a	Heart Healthy	WorkSource, 2510 Oakmont Way
	12/11/2018, 1:00p - 4:30p	Diabetes By The Numbers	WorkSource, 2510 Oakmont Way

CLASS LIST BY CITY

City	Class Date and Time	Class Name	Location
Florence	11/07/2018, 09:00a - 12:00p	Medication Safety	Florence Events Center, 715 Quince St
	11/07/2018, 1:30p - 4:30p	Dementia 101	Florence Events Center, 715 Quince St
	12/06/2018, 08:30a - 12:00p	Keeping It Professional	Florence Events Center, 715 Quince St
	12/06/2018, 1:30p - 3:30p	Preventing Disease Transmission	Florence Events Center, 715 Quince St
Grants Pass	11/13/2018, 09:00a - 12:00p	Heart Healthy	APD Office, 2101 NW Hawthorne St
	11/13/2018, 1:30p - 4:30p	Medication Safety	APD Office, 2101 NW Hawthorne St
	12/04/2018, 08:30a - 11:30a	Working with Challenging Behaviors	CLCM, 1215 NE 7th St
	12/04/2018, 1:00p - 4:00p	Working Together	CLCM, 1215 NE 7th St
Gresham	11/09/2018, 12:30p - 3:30p	Working Together	Gresham Public Library, 385 NW Miller Ave
	11/21/2018, 09:00a - 12:00p	Sensory Processing Disorder - Adult	East County Health Center, 600 NE 8th St
	11/27/2018, 09:00a - 12:00p	Medication Safety	East County Health Center, 600 NE 8th St
	12/06/2018, 09:00a - 12:00p	Stress Management and Relaxation Techniques	East County Health Center, 600 NE 8th St
	12/06/2018, 1:30p - 4:30p	Substance Abuse Awareness	East County Health Center, 600 NE 8th St
	12/14/2018, 09:00a - 1:00p	Nutrition Basics	Sheraton Four Points, 1919 NE 181st Street
Hillsboro	11/20/2018, 12:30p - 3:30p	Stress Management and Relaxation Techniques	DHS APD Office, 5240 NE Elam Young Parkway
	11/27/2018, 1:00p - 4:00p	Heart Healthy	DHS APD Office, 5240 NE Elam Young Parkway
	11/28/2018, 09:00a - 12:00p	Sensory Processing Disorder - Child	Hillsboro Civic Center, 150 E Main St
Continued next page	11/28/2018, 1:30p - 4:30p	Taking Responsibility in Personal Safety	Hillsboro Civic Center, 150 E Main St

CLASS LIST BY CITY

City	Class Date and Time	Class Name	Location
Hillsboro continued	11/29/2018, 1:00p - 4:30p	Protect Against Sprains & Strains	DHS APD Office, 5240 NE Elam Young Parkway
	12/12/2018, 1:00p - 4:30p	Diabetes By The Numbers	Hillsboro Civic Center, 150 E Main St
John Day	11/27/2018, 09:00a - 12:00p	Working with Challenging Behaviors	Outpost Pizza, 201 W Main St
	11/27/2018, 1:30p - 4:30p	Medication Safety	Outpost Pizza, 201 W Main St
Klamath Falls	11/15/2018, 09:00a - 12:00p	Sensory Processing Disorder - Adult	Klamath CDDP Office, 3328 Vandenberg Ave
	11/15/2018, 1:30p - 3:30p	Preventing Disease Transmission	Klamath CDDP Office, 3328 Vandenberg Ave
	11/16/2018, 09:00a - 12:00p	Heart Healthy	Klamath CDDP Office, 3328 Vandenberg Ave
La Grande	11/06/2018, 08:30a - 11:30a	Working Together	City of Island City, 10605 Island Avenue
	11/06/2018, 1:00p - 4:00p	Stress Management and Relaxation Techniques	City of Island City, 10605 Island Avenue
	12/06/2018, 08:30a - 12:00p	Protect Against Sprains & Strains	Blue Mountain Conference Center, 404 12th St
	12/06/2018, 1:30p - 4:30p	Substance Abuse Awareness	Blue Mountain Conference Center, 404 12th St
Lincoln City	11/07/2018, 09:00a - 12:00p	Diversity Awareness: Challenges Facing LGBT Adults	Lincoln City Cultural Center, 540 NE Hwy 101
	11/07/2018, 1:30p - 5:00p	Protect Against Sprains & Strains	Lincoln City Cultural Center, 540 NE Hwy 101
	12/07/2018, 08:30a - 12:00p	Bathing and Grooming	Lincoln City Cultural Center, 540 NE Hwy 101
	12/07/2018, 1:30p - 3:30p	Preventing Disease Transmission	Lincoln City Cultural Center, 540 NE Hwy 101
Madras	11/29/2018, 08:30a - 12:00p	Bathing and Grooming	COCC, 170 E Ashwood Rd
	11/29/2018, 1:30p - 5:00p	Protect Against Sprains & Strains	COCC, 170 E Ashwood Rd
	12/12/2018, 08:30a - 12:00p	Fighting Fraud & Abuse	COCC, 170 E Ashwood Rd
	12/12/2018, 1:30p - 5:00p	Keeping It Professional	COCC, 170 E Ashwood Rd

CLASS LIST BY CITY

City	Class Date and Time	Class Name	Location
McMinnville	11/19/2018, 12:30p - 4:00p	Protect Against Sprains & Strains	Red Lion Inn, 2535 NE Cumulus
	12/13/2018, 09:00a - 12:30p	Keeping It Professional	Red Lion Inn, 2535 NE Cumulus
	12/13/2018, 2:00p - 5:00p	Diversity Awareness: Challenges Facing LGBT Adults	Red Lion Inn, 2535 NE Cumulus
Medford	11/20/2018, 09:00a - 12:00p	Diversity Awareness: Challenges Facing LGBT Adults	Ramada Hotel, 2250 Biddle Road
	11/20/2018, 1:30p - 3:30p	Preventing Disease Transmission	Ramada Hotel, 2250 Biddle Road
	11/27/2018, 09:00a - 12:00p	Taking Responsibility in Personal Safety	Ramada Hotel, 2250 Biddle Road
	11/27/2018, 1:30p - 4:30p	Working Together	Ramada Hotel, 2250 Biddle Road
	11/29/2018, 09:30a - 4:30a	Enhanced Certification Day 1	Register in iLearnOregon https://go.usa.gov/xUHgs
	12/06/2018, 09:30a - 4:30a	Enhanced Certification Day 2	Register in iLearnOregon https://go.usa.gov/xUHgs
	12/12/2018, 08:30a - 12:00p	Bathing and Grooming	Ramada Hotel, 2250 Biddle Road
	12/12/2018, 1:30p - 4:30p	Stress Management and Relaxation Techniques	Ramada Hotel, 2250 Biddle Road
	12/13/2018, 09:30a - 4:30a	Enhanced Certification Day 3	Register in iLearnOregon https://go.usa.gov/xUHgs
	12/20/2018, 09:30a - 4:30a	Enhanced Certification Day 4	Register in iLearnOregon https://go.usa.gov/xUHgs
Newberg	11/15/2018, 09:00a - 12:30p	Protect Against Sprains & Strains	Chehalem Park and Rec, 125 S. Elliott Road
	11/15/2018, 2:00p - 5:00p	Taking Responsibility in Personal Safety	Chehalem Park and Rec, 125 S. Elliott Road
	12/11/2018, 1:00p - 4:30p	Diabetes By The Numbers	Chehalem Park and Rec, 125 S. Elliott Road
Newport	11/08/2018, 09:00a - 12:30p	Diabetes By The Numbers	Samaritan Center for Health Education, 740 SW 9th St
	11/09/2018, 10:30a - 2:30p	Everyone Communicates	Newport Public Library, 35 NW Nye Street

CLASS LIST BY CITY

City	Class Date and Time	Class Name	Location
Ontario	11/28/2018, 1:30p - 5:00p	Fighting Fraud & Abuse	Four Rivers Cultural Center, 676 SW 5th Ave
	12/13/2018, 09:00a - 12:00p	Working Together	Four Rivers Cultural Center, 676 SW 5th Ave
	12/13/2018, 1:30p - 5:00p	Protect Against Sprains & Strains	Four Rivers Cultural Center, 676 SW 5th Ave
Oregon City	11/30/2018, 09:30a - 12:30p	Dementia 101	Best Western, 1900 Clackamette Dr
	11/30/2018, 2:00p - 4:00p	Preventing Disease Transmission	Best Western, 1900 Clackamette Dr
	12/04/2018, 09:00a - 12:00p	Sensory Processing Disorder - Child	Best Western, 1900 Clackamette Dr
	12/04/2018, 1:30p - 4:30p	Diversity Awareness: Challenges Facing LGBT Adults	Best Western, 1900 Clackamette Dr
	12/10/2018, 12:30p - 4:30p	Nutrition Basics	DHS/APD Office, 221 Molalla Avenue
Pendleton/ Hermiston	11/01/2018, 09:30a - 4:30a	Enhanced Certification Day 3	Register in iLearnOregon https://go.usa.gov/xUHgs
	11/02/2018, 09:30a - 4:30a	Enhanced Certification Day 4	Register in iLearnOregon https://go.usa.gov/xUHgs
	11/07/2018, 09:30a - 11:30a	Preventing Disease Transmission	DHS APD Office, 1555 Southgate, Pendleton
	11/07/2018, 1:00p - 4:30p	Keeping It Professional	DHS APD Office, 1555 Southgate, Pendleton
	11/08/2018, 08:30a - 11:30a	Taking Responsibility in Personal Safety	Work Source Pendleton, 408 SE 7th Street
	11/08/2018, 1:00p - 4:30p	Protect Against Sprains & Strains	Work Source Pendleton, 408 SE 7th Street
	12/07/2018, 09:00a - 12:00p	Stress Management and Relaxation Techniques	DHS APD Office, 940 SE Columbia Drive, Hermiston
Portland	11/13/2018, 09:00a - 12:00p	Dementia 101	East County Family Service Center, 11826 NE Glisan St
	11/13/2018, 1:30p - 4:30p	Medication Safety	East County Family Service Center, 11826 NE Glisan St
	11/16/2018, 09:00a - 12:00p	Working Together	East County Family Service Center, 11826 NE Glisan St
Continued next page	11/16/2018, 2:00p - 4:00p	Preventing Disease Transmission	East County Family Service Center, 11826 NE Glisan St

CLASS LIST BY CITY

City	Class Date and Time	Class Name	Location
Portland continued	11/19/2018, 1:00p - 4:00p	Heart Healthy	East County Family Service Center, 11826 NE Glisan St
	11/28/2018, 08:30a - 12:00p	Diabetes By The Numbers	East County Family Service Center, 11826 NE Glisan St
	12/07/2018, 4:30p - 8:00p	Bathing and Grooming	SMILE Station, 8210 SE 13th Ave
	12/12/2018, 12:00p - 3:30p	Fighting Fraud & Abuse	East County Family Service Center, 11826 NE Glisan St
	12/14/2018, 4:30p - 7:30p	Stress Management and Relaxation Techniques	SMILE Station, 8210 SE 13th Ave
Roseburg	11/15/2018, 08:30a - 12:00p	Diabetes By The Numbers	SORB, 2930 NE Stephens St
	11/15/2018, 1:30p - 4:30p	Dementia 101	SORB, 2930 NE Stephens St
	11/19/2018, 12:00p - 3:00p	Diversity Awareness: Challenges Facing LGBT Adults	SORB, 2930 NE Stephens St
	12/10/2018, 09:00a - 12:00p	Sensory Processing Disorder - Adult	Holiday Inn Express, 375 Harvard Blvd
	12/10/2018, 1:30p - 5:00p	Respiratory Care: Oxygen to Ventilators	Holiday Inn Express, 375 Harvard Blvd
Salem	11/01/2018, 1:00p - 4:00p	Taking Responsibility in Personal Safety	Day's Inn Black Bear, 1600 Motor Ct NE
	11/14/2018, 12:00p - 4:00p	Ready Set Work	Department of Human Services, 4074 Winema Place
	11/15/2018, 12:30p - 4:00p	Protect Against Sprains & Strains	Day's Inn Black Bear, 1600 Motor Ct NE
	11/19/2018, 1:00p - 4:30p	Diabetes By The Numbers	Department of Human Services, 4074 Winema Place
	11/20/2018, 09:00a - 12:00p	Durable Medical Equipment	Cherry Ave Training Center, 3414 Cherry Ave NE
	11/20/2018, 1:30p - 4:30p	Sensory Processing Disorder - Child	Cherry Ave Training Center, 3414 Cherry Ave NE
	11/27/2018, 08:30a - 12:00p	Bathing and Grooming	Cherry Ave Training Center, 3414 Cherry Ave NE
	11/29/2018, 09:30a - 4:30a	Enhanced Certification Day 1	Register in iLearnOregon https://go.usa.gov/xUHgs
Continued next page	11/30/2018, 09:30a - 4:30a	Enhanced Certification Day 2	Register in iLearnOregon https://go.usa.gov/xUHgs

CLASS LIST BY CITY

City	Class Date and Time	Class Name	Location
Salem continued	12/03/2018, 08:30a - 12:00p	Fighting Fraud & Abuse	Cherry Ave Training Center, 3414 Cherry Ave NE
	12/03/2018, 1:30p - 4:30p	Diversity Awareness: Challenges Facing LGBT Adults	Cherry Ave Training Center, 3414 Cherry Ave NE
	12/05/2018, 08:30a - 12:30p	Nutrition Basics	Department of Human Services, 4074 Winema Place
	12/05/2018, 2:00p - 4:00p	Preventing Disease Transmission	Department of Human Services, 4074 Winema Place
	12/13/2018, 09:30a - 4:30a	Enhanced Certification Day 3	Register in iLearnOregon https://go.usa.gov/xUHgs
	12/14/2018, 09:30a - 4:30a	Enhanced Certification Day 4	Register in iLearnOregon https://go.usa.gov/xUHgs
St. Helens	11/07/2018, 09:00a - 1:00p	Everyone Communicates	APD Office, 500 N Columbia River Hwy
	12/13/2018, 12:00p - 4:00p	Ready Set Work	APD Office, 500 N Columbia River Hwy
The Dalles	11/07/2018, 1:00p - 4:30p	Protect Against Sprains & Strains	DHS APD Office, 3641 Klindt Drive
	11/09/2018, 10:00a - 1:00p	Diversity Awareness: Challenges Facing LGBT Adults	DHS APD Office, 3641 Klindt Drive
	11/28/2018, 10:00a - 1:00p	Substance Abuse Awareness	DHS APD Office, 3641 Klindt Drive
	12/05/2018, 10:00a - 1:00p	Sensory Processing Disorder - Adult	DHS APD Office, 3641 Klindt Drive
Tillamook	11/06/2018, 08:30a - 12:00p	Fighting Fraud & Abuse	Airport FBO, 5005 Hwy 101 South
	11/06/2018, 1:30p - 4:30p	Working Together	Airport FBO, 5005 Hwy 101 South
	12/06/2018, 09:00a - 1:00p	Nutrition Basics	Airport FBO, 5005 Hwy 101 South
Woodburn	11/13/2018, 12:30p - 4:30p	Everyone Communicates	DHS Training Center, 120 E. Lincoln Street
	12/11/2018, 08:30a - 11:30a	Heart Healthy	DHS Training Center, 120 E. Lincoln Street
	12/11/2018, 1:00p - 4:00p	Dementia 101	DHS Training Center, 120 E. Lincoln Street

TRAINING AT-A-GLANCE NOVEMBER 2018

SUN	MON	TUES	WED	THURS	FRI	SAT	
				1 Salem <i>TRIPS 1:00p - 4:00p</i> Pendleton <i>ENH-3 9:30p-4:30p</i>	2 Portland <i>PASS (Somali) 4:30p - 8:00p</i> Pendleton <i>ENH-4 9:30p-4:30p</i>	3 Beaverton <i>SPD-A 9:30a - 12:30p</i> Portland <i>PASS(Somali) 11:30a-3:00p</i>	
4	5	6 La Grande <i>WT 8:30a - 11:30a</i> <i>SMART 1:00p - 4:00p</i> Tillamook <i>F&A 8:30a - 12:00p</i> <i>WT 1:30p - 4:30p</i>	7 Albany <i>F&A 9:00a - 12:30p</i> Brookings <i>RSW 12:00p - 4:00p</i> Florence <i>MedS 9:00a - 12:00p</i> <i>DEM 101 1:30p - 4:30p</i> Lincoln City <i>LGBT 9:00a - 12:00p</i> <i>PASS 1:30p - 5:00p</i> Pendleton <i>PDT 9:30a - 11:30a</i> <i>KIP 1:00p - 4:30p</i> St. Helens <i>EC 9:00a - 1:00p</i> The Dalles <i>PASS 1:00p - 4:30p</i>	8 Astoria <i>EC 9:00a - 1:00p</i> Clackamas <i>ENH-1 9:30a - 4:30p</i> Coos Bay/North Bend <i>B&G 8:30a - 12:00p</i> <i>HH 1:30p - 4:30p</i> Newport <i>DBN 9:00a - 12:30p</i> Pendleton <i>TRIPS 8:30a - 11:30a</i> <i>PASS 1:00p - 4:30p</i>	9 Coos Bay/North Bend <i>SPD-C 8:30a - 11:30a</i> <i>PDT 1:00p - 3:00p</i> Clackamas <i>ENH-2 9:30a-4:30p</i> Gresham <i>WT 12:30p - 3:30p</i> Newport <i>EC 10:30a - 2:30p</i> Portland <i>KIP (Russian) 11:00a- 2:30p</i> <i>PDT (Somali) 4:30p- 6:30p</i> <i>HH(Arabic) 5:00p- 8:00p</i> The Dalles <i>LGBT 10:00a - 1:00p</i>	10 Portland <i>PDT (Somali) 11:30a-1:30p</i>	
11	12	13 Bend <i>ENH-1 9:30a - 4:30p</i> Grants Pass <i>HH 9:00a - 12:00p</i> <i>MedS 1:30p - 4:30p</i> Portland <i>DEM 101 9:00a - 12:00p</i> <i>MedS 1:30p - 4:30p</i> Woodburn <i>EC 12:30p - 4:30p</i>	14 Bend <i>ENH-2 9:30a-4:30p</i> Clackamas <i>MedS 8:30a - 11:30a</i> <i>RC 1:00p - 4:30p</i> Eugene/Springfield <i>MedS 1:00p - 4:00p</i> Portland <i>HH (Russian) 1:00p - 4:00p</i> Salem <i>RSW 12:00p - 4:00p</i>	15 Albany <i>SMART 8:30a - 11:30a</i> <i>RC 1:00p - 4:30p</i> Newberg <i>PASS 9:00a - 12:30p</i> <i>TRIPS 2:00p - 5:00p</i> Klamath Falls <i>SPD-A 9:00a - 12:00p</i> <i>PDT 1:30p - 3:30p</i> Roseburg <i>DBN 8:30a - 12:00p</i> <i>Dem 101 1:30p - 4:30p</i> Salem <i>PASS 12:30p - 4:00p</i>	16 Bend <i>SPD-A 9:00a - 12:00p</i> <i>LGBT 1:30p - 4:30p</i> Eugene/Springfield <i>TRIPS 9:00a - 12:00p</i> Klamath Falls <i>HH 9:00a - 12:00p</i> Portland <i>WT 9:00a - 12:00p</i> <i>PDT 2:00p - 4:00p</i> <i>SPD-C (Somali) 4:30p - 7:30p</i>	17 Portland <i>SPD-C (Somali) 11:30a - 2:30p</i>	
18	19 Beaverton <i>SAA 1:30p - 4:30p</i> McMinnville <i>PASS 12:30p - 4:00p</i> Portland <i>HH 1:00p - 4:00p</i> Roseburg <i>LGBT 12:00p - 3:00p</i> Salem <i>DBN 1:00p - 4:30p</i>	20 Clackamas <i>B&G 9:00a - 12:30p</i> <i>SMART 2:00p - 5:00p</i> Eugene/Springfield <i>LGBT 9:00a - 12:00p</i> <i>SMART 1:30p - 4:30p</i> Hillsboro <i>SMART 12:30p - 3:30p</i> Medford <i>LGBT 9:00a - 12:00p</i> <i>PDT 1:30p - 3:30p</i> Salem <i>DME 9:00a - 12:00p</i> <i>SPD-C 1:30p - 4:30p</i>	21 Beaverton <i>PASS 9:00a - 12:30p</i> Gresham <i>SPD-A 9:00a - 12:00p</i>	22 Happy Thanksgiving!	23	24	
25	26	27 Gresham <i>MedS 9:00a - 12:00p</i> Hillsboro <i>HH 1:00p - 4:00p</i> John Day <i>CB 9:00a - 12:00p</i> <i>MedS 1:30p - 4:30p</i> Medford <i>TRIPS 9:00a - 12:00p</i> <i>WT 1:30p - 4:30p</i> Salem <i>B&G 8:30a - 12:00p</i> <i>DBN (Russian) 1:00p - 4:30p</i>	28 Albany <i>KIP 1:00p - 4:30p</i> Eugene/Springfield <i>PASS 1:00p - 4:30p</i> <i>SPD-C 5:30p - 8:30p</i> Hillsboro <i>SPD-C 9:00a - 12:00p</i> <i>TRIPS 1:30p - 4:30p</i> Ontario <i>F&A 1:30p - 5:00p</i> Portland <i>DBN 8:30a - 12:00p</i> <i>F&A (Russian) 2:00p - 5:30p</i> The Dalles <i>SAA 10:00a - 1:00p</i>	29 Hillsboro <i>PASS 1:00p - 4:30p</i> Madras <i>B&G 8:30a - 12:00p</i> <i>PASS 1:30p - 5:00p</i> Medford <i>ENH -1 9:30a - 4:30p</i> Portland <i>WT (Arabic) 5:00p - 8:00p</i> Salem <i>ENH -1 9:30a - 4:30p</i>	30 Baker City <i>PASS 9:00a - 12:30p</i> Oregon City <i>DEM 101 9:30a - 12:30p</i> <i>PDT 2:00p - 4:00p</i> Gresham <i>WT (Spanish) 1:30p - 4:30p</i>		

TRAINING AT-A-GLANCE DECEMBER 2018

SUN	MON	TUES	WED	THURS	FRI	SAT
						1 Clackamas <i>EOL 9:30a - 12:30p</i> Eugene/ Springfield <i>ENH 1 9:30a-4:30p</i>
2 Eugene/ Springfield <i>ENH 2</i> <i>9:30a-4:30p</i>	3 Salem <i>F&A 8:30a - 12:00p</i> <i>LGBT 1:30p - 4:30p</i>	4 Brookings <i>DEM 101 1:30p - 4:30p</i> Grants Pass <i>CB 8:30a - 11:30a</i> <i>WT 1:00p - 4:00p</i> Oregon City <i>SPD-C 9:00a - 12:00p</i> <i>LGBT 1:30p - 4:30p</i> Portland <i>SMART 5:00p - 8:00p</i>	5 Astoria <i>SMART 9:00a - 12:00p</i> <i>WT 1:30p - 4:30p</i> Beaverton <i>EC 12:30p - 4:30p</i> Brookings <i>ENH 1 9:30a - 4:30p</i> Eugene/ Springfield <i>B&G 12:00p - 3:30p</i> Gladstone <i>DBN 8:30a - 12:00p</i> <i>HH 1:30p - 4:30p</i> Salem <i>NB 8:30a - 12:30p</i> <i>PDT 2:00p - 4:00p</i> The Dalles <i>SPD-A 10:00a - 1:00p</i>	6 Albany <i>WT 9:00a - 12:00p</i> <i>TRIPS 1:30p - 4:30p</i> Brookings <i>ENH 2 9:30a - 4:30p</i> Clackamas <i>ENH 3 9:30a-4:30p</i> Coos Bay/North Bend <i>NB 8:30a - 12:30p</i> <i>SAA 1:30p - 4:30p</i> Florence <i>KIP 8:30a - 12:00p</i> <i>PDT 1:30p - 3:30p</i> Gresham <i>SMART 9:00a - 12:00p</i> <i>SAA 1:30p - 4:30p</i> La Grande <i>PASS 8:30a - 12:00p</i> <i>SAA 1:30p - 4:30p</i> Medford <i>ENH 3 9:30a-4:30p</i> Tillamook <i>NB 9:00a - 1:00p</i>	7 Brookings <i>DBN 8:30a-12:00p</i> Clackamas <i>ENH 4 9:30a-4:30p</i> Gladstone <i>EC 9:00a - 1:00p</i> Hermiston <i>SMART 9:00a - 12:00p</i> Lincoln City <i>B&G 8:30a - 12:00p</i> <i>PDT 1:30p - 3:30p</i> Portland <i>B&G 4:30p - 8:00p</i> Woodburn <i>KIP (Spanish) 8:30a - 12:00p</i> <i>TRIPS (Spanish) 1:30p - 4:30p</i>	8 Gladstone <i>PASS 9:30a - 1:00p</i> Portland <i>F&A (Somali) 11:30a - 3:00p</i>
9	10 Albany <i>DBN 12:30p - 4:00p</i> Beaverton <i>WT 9:00a - 12:00p</i> <i>DEM 101 1:30p - 4:30p</i> Eugene/ Springfield <i>CB 5:30p - 8:30p</i> Oregon City <i>NB 12:30p - 4:30p</i> Roseburg <i>SPD-A 9:00a - 12:00p</i> <i>RC 1:30p - 5:00p</i>	11 Eugene/ Springfield <i>HH 8:30a - 11:30a</i> <i>DBN 1:00p - 4:30p</i> Gladstone <i>RSW 12:30p - 4:30p</i> Newberg <i>DBN 1:00p - 4:30p</i> Salem <i>TRIPS (Russian) 9:00a - 12:00p</i> <i>PDT (Russian) 1:30p - 3:30p</i> Woodburn <i>HH 8:30a - 11:30a</i> <i>DEM 101 1:00p - 4:00p</i>	12 Hillsboro <i>DBN 1:00p - 4:30p</i> Madras <i>F&A 8:30a - 12:00p</i> <i>KIP 1:30p - 5:00p</i> Medford <i>B&G 8:30a - 12:00p</i> <i>SMART 1:30p - 4:30p</i> Portland <i>F&A 12:00p - 3:30p</i>	13 Bend <i>PASS 8:30a - 12:00p</i> <i>B&G 1:30p - 5:00p</i> McMinnville <i>KIP 9:00a - 12:30p</i> <i>LGBT 2:00p - 5:00p</i> Medford <i>ENH 4 9:30a-4:30p</i> Ontario <i>WT 9:00a - 12:00p</i> <i>PASS 1:30p - 5:00p</i> Portland <i>WT (Russian) 2:00p - 5:00p</i> <i>F&A (Arabic) 5:00p - 8:30p</i> Salem <i>ENH 3 9:30a-4:30p</i> St. Helens <i>RSW 12:00p - 4:00p</i>	14 Baker City <i>SMART 9:00a - 12:00p</i> <i>CB 1:30p - 4:30p</i> Bend <i>TRIPS 9:00a - 12:00p</i> Beaverton <i>MedS 9:00a - 12:00p</i> Gresham <i>NB 9:00a - 1:00p</i> Portland <i>SMART 4:30p - 8:00p</i> Salem <i>ENH 4 9:30a-4:30p</i>	15 Portland <i>KIP (Somali) 11:30a - 3:00p</i>
16	17	18	19 Brookings <i>ENH 3 9:30a - 4:30p</i>	20 Brookings <i>ENH 4 9:30a - 4:30p</i>	21	22
23	24	25	26	27	28	29
30	31					

Class Abbreviations

B&G: Bathing & Grooming	G&L: Grief & Loss	RC: Respiratory Care	
CB: Challenging Behaviors	HH: Heart Healthy	RSW: Ready, Set, Work!	-ARA: Arabic
DEM 101: Dementia 101	KIP: Keeping it Professional	SAA: Substance Abuse Awareness	-SOM: Somali
DBN: Diabetes by the Numbers	LGBT: Diversity Awareness- Challenges Facing Lesbian, Gay, Bisexual, and Transgender Adults	SPD-A: Sensory Processing Disorder-Adults	-SPN: Spanish
DME: Durable Medical Equipment	MedS: Medication Safety	SPD-C: Sensory Processing Disorder-Children	-RUS: Russian
EC: Everyone Communicates	NB: Nutrition Basics	SMART: Stress Management and Relaxation Techniques	
EoL: End of Life	PASS: Protect Against Sprains & Strains	TRIPS: Taking Responsibility in Personal Safety	
F&A: Fraud & Abuse	PDT: Preventing Disease Transmission	WT: Working Together	

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Did you know...

The OHCC offers a *Quick Guide* for using the Registry?

You can find it here: <http://go.usa.gov/xPkSf>





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