Mental & Behavioral Health Continuing Education Courses
Winter, 2017
PCC Institute for Health Professionals | Contact: Amy Evans amyevans3@pcc.edu or 971-722-6672

Trauma Informed: A Continuum of Care
Jan 24—Feb. 21, 2017 (live-streamed, online)
Trauma-informed care is an approach to engaging people with histories of trauma in new ways, with a focus on doing no harm and building resilience. The core principles include safety, trustworthiness, choice, collaboration and empowerment. This course provides information about trauma; brain science that supports changes in social, emotional and physical well being; resiliency; self-care; and additional resources to enhance current practices with patients. Learn this valuable continuum of care for engaging individuals and organizations in trauma-centered ways from 3 experts in the field!
Instructors: Marsha Morgan, Tara Wittkop, PSYD, and Dena Sneed, OTR/L | $199 | 10 CEUs | CRN: 17943

Biology of Aging: Biogerontology
Feb 21—March 14, 2017 (live-streamed, online)
Learn additional skills needed to apply Motivational Interviewing (MI) with your clients and patients. This practice-based training is designed for professionals in any setting who are working with people to change behavior. Participants will learn further applications of Motivational Interviewing (MI) as an approach to facilitating change. Particular focus includes: the 4 processes of MI, preparatory change talk, gauging readiness to change, transitioning to planning, and supporting change.
Instructor: Roseann Kendall | $119 | 8 CEUs | CRN: 17944

Cultural Competency & Ethics for Healthcare Professionals
Jan 27, 2017
Research shows that cultural competency results in more successful patient education, increases health care-seeking behavior, yields fewer diagnostic errors, and ensures greater adherence to medical advice. Have fun and increase your cultural agility to better meet the diverse values, beliefs, and behaviors of your patients! This course is approved by the Oregon Health Authority and fulfills Ethics CEU requirements for many professionals. Specifically approved by NASW-OR and ACCBO for 6 CEU hours.
Instructors: April Lewis, MPA & Carol French, MA | $199 | 6 CEUs | CRN: 17945

Foundations of Motivational Interviewing
Feb 24, 2017
This practice-based Motivational Interviewing (MI) class is designed for professionals in any setting who are working with people to change behavior. A skills-based class, participants will learn about MI as an approach to facilitating change, its methods, and its underlying principles. Special focus includes the motivation theories underlying MI, the spirit of motivational interviewing, the 4 processes of MI, and the core MI strategies. Approved by NASW-OR and ACCBO for 8 CEU hours.
Instructor: Charles Smith, MSW | $159 | 8 CEUs | CRN: 17941

Enteric Nervous System: Gut-Brain Axis for Mental Health & Wellbeing
Feb 10, 2017
Research demonstrates how the Enteric Nervous System, or "Gut-Brain Axis," is essential for both mental and physical health. Learn the latest research and practices, including the inter-relationship of nutritional wellness to physical, mental and behavioral health. Co-taught by a Licensed Counselor and a Certified Holistic Nutritionist, participants will learn to integrate somatic and cognitive exercises and reinforce positive change.
Instructors: Holly A. Shumway, NCC, LPC, & Melissa Lovett, MA, Certified Holistic Nutritionist | $119 | 6 CEUs | CRN: 18409

Clinical Evaluation: ASAM Criteria & DSM
March 4, 2017
Learn clinical evaluation based on ASAM Criteria 3rd Edition & DSM-5 to attain latest requirements. Includes applications to Adult Special Populations and Substance Use Disorders. Knowing how to use the recently revised ASAM Criteria is a foundation and required skill for clinicians, counselors, and addictions professionals. Learn how to use the most recent ASAM Criteria, comprised of dimensions, requirements, and decision rules that guide ongoing assessment, transfer, and discharge of clients. Note: All NEW Oregon CADC 1 applications after July 1, 2016 must include Clinical Evaluation ASAM education hours.
Instructor: Robbie Miller, MAC, CADC III | $159 | 8 CEUs | CRN: 18156
Narrative Health: The Intersection of Story & Medicine

March 4, 2017
Narrative Medicine is a holistic approach that recognizes the importance of people's stories and reflections as a way to promote healing. It aims to both validate the experience of the patient and encourage creativity and self-reflection in the healthcare provider. Participants will learn and practice the 3 tenants of Narrative Medicine: attention, representation and affiliation while developing skills in narrative competence. Co-taught by Dr. Elizabeth Lahti, OHSU, and Martha Driessnack, PhD, OHSU.
Instructors: Dr. Elizabeth Lahti and Martha Driessnack, PhD | $179 | 5 CEUs | CRN: 18117

Motivational Interviewing - Intermediate

March 10, 2017
Learn additional skills needed to apply Motivational Interviewing (MI) with your clients and patients. This practice-based training is designed for professionals in any setting who are working with people to change behavior. Participants will learn further applications of Motivational Interviewing (MI) as an approach to facilitating change. Particular focus includes: the 4 processes of MI, preparatory change talk, gauging readiness to change, transitioning to planning, and supporting change. Approved by ACCBO for 8 CEU hours.
Instructor: Charles Smith, MSW | $159 | 8 CEUs | CRN: 17942

Poly-Pharmacy and the Geriatric Population

March 4 & March 11, 2017
Learn the critical elements of poly-pharmacy as it relates to older adults. Analyze medication lists for potentially inappropriate medications contributing to poly-pharmacy, the prescribing cascade, antimicrobial resistance, and adverse effects. Discuss pharmacokinetic and pharmacodynamic changes, poly-pharmacy (including over the counter meds), prescribing cascade, complementary and alternative therapies, and potentially inappropriate medications as they relate to the older adult.
Approved by the Oregon Board of Pharmacy for 8 contact hours for CEU
Instructors: Courtney Kraus, PharmD & Danielle Backus, PharmD, CGP, TTS | $159 | 8 CEUs | CRN: 18100

Alzheimer's Disease and Dementia Care

March 16, 2017
Learn the professional diagnosis, prognosis, and treatment for dementia, while gaining essential “best practices” communication and care-giving skills. Better understand the symptoms and behaviors of different dementias, as well how communication, environment, and activities can improve quality of life for dementia residents. This course fulfills the required training portion of the NCCDP Certified Dementia Practitioner.
Taught by a NCCDP approved instructor; fee includes NCCDP training manual.
Instructor: Connie Ratti, CTRS, CADDCT, CDP, ACC | $179 + book fee | 8 CEUs | CRN: 17942

Did you know...

- These courses fulfill license renewal requirements for many professions (i.e. LPCs, LCSWs, LMFTs, CADC, QMHP, DC, ND, LAC, LMTs, etc.). Check with your licensing board for confirmation.
- Many Oregon Licensing Boards updated their CE requirements for 2016:
  - Board of Psychological Examiners - requires minimum 4 hours of Cultural Competency
  - Board of Massage Therapists - requires 4 contact hours in Ethics, Communications, and Boundaries; Cultural Competency courses are encouraged
  - Oregon Board of Chiropractic Examiners - 2 hours of Record Keeping is required, recommended 2 hours Cultural Competency

Questions? Ready to Register?

Contact Amy Evans at amyevans3@pcc.edu or 971-722-6672.