



**Northeast Oregon Network
Community Health Worker
Certification Training
Fall-Winter 2021-22**

Mark your calendars for NEON's upcoming Community Health Worker (CHW) certification training! CHWs are found in all sorts of settings, working to address systemic inequities and reduce barriers to health care for our communities' most vulnerable.

Using principles and practices of Popular Education you will share and learn about the roles of CHWs as well as a range of topics relevant to the work of CHWs. By the end, you will have a big picture understanding of community and public health and the ways you can have a positive impact on individual, family, and community health and wellness.

The course consists of 22, 4-hour online sessions - four times a month, June-November 2021. For every week of class, there will be approximately an hour of independent or group homework. Upon completion of this training, participants will qualify for certification as a Community Health Worker and 90 Continuing Education Credits (CEUs) through the State of Oregon Office of Equity and Inclusion.

Schedule:

Sessions are on Thursdays and Fridays, 8:45 AM – 1:00 PM on the following dates:

September 2, 3, 16, 17, 30
October 1, 14, 15, 28, 29
November 18, 19
December 2, 3, 16, 17
January 6, 7, 20, 21

Participants are required to attend all sessions to qualify for certification.

Cost: \$1,000.

Registration covers all sessions and participants must attend all sessions to earn credit.

Registration and Details:

To register:

<https://www.neonoregon.org/events/community-health-worker-training-fall-2021-winter-2022>



Topics Covered:

- Introduction to and history of CHWs
- Popular Education
- The Social Determinants of Health
- Community Organizing
- Public Health
- Trauma Informed and Self care
- Cross Cultural Skills
- Leadership and Advocacy
- Communication Skills
- Disease Processes
- Oral Health
- Addictions and Recovery
- Mental Health Promotion
- Basic Counseling Skills
- Assessment of Individuals, Families and Communities
- Multi-Disciplinary Teams
- Service Coordination and Collaboration
- Access to Health Care
- Outreach Skills
- The Role of Physical Activity and Nutrition in Health

Requirements:

- Proficiency in English. The instructors speak Spanish and can support Spanish speakers to succeed, but full-time interpretation and translated materials are not available.
- The ability to fully participate in all sessions (please notify us if you need accommodations).
- Access to a laptop or PC with capacity to participate in audio and video conferencing.

About Northeast Oregon Network:



Our mission at NEON is to create a healthier Eastern Oregon. We accomplish this by reducing barriers for both residents and the systems that support their health. We are connectors, innovators and experts. We connect people and organizations to one another and to resources they need to meet their goals. Since 2012 we have been training traditional health workers and other front-line staff in health behavioral health, social services and other settings in the knowledge and skills necessary to provide quality service, maintain professional boundaries and practice self-care.

About our trainers:



Lisa Ladendorff, LCSW, CHW

Lisa received her Master of Social Work from Walla Walla University. She has significant post graduate training in Interpersonal Neurobiology, and is certified in EMDR, DBT, and a variety of other evidence-based practices, including Tobacco Cessation. She has over 25 years' experience in Community Mental Health, Public Health, and Private Practice and over 20 years of experience as a clinical supervisor for all levels of Behavioral Health Staff. Since 2012 Lisa has been involved in training social workers, health coaches, and traditional health workers in a variety of in person and virtual formats. She specializes in topics of addictions, compassion fatigue, the impacts of trauma, trauma informed parenting, trauma informed customer service, ethics, suicide prevention, community health worker certification training, and health equity. She serves as NEON's Director of Training and Business Development as well as serving as a part time Clinical Director to a local Community Mental Health Agency.



Connie Sherrard, MSW, CHW

Connie holds a BA in Studio Art and certification in Elementary Education from Beloit College and a Master of Social Work with an emphasis in Planning, Administration and Management from Portland State University. At NEON, Connie develops and delivers trainings on a variety of topics for Community Health Workers and other front-line staff in health, behavioral health and other organizations addressing health equity and social determinants of health. Prior to her employment at NEON, Connie worked in a variety of nonprofit and public settings dedicated to serving vulnerable populations. She has developed and managed programs serving economically disadvantaged families and children, including education, case management, after school programs, and basic needs services. Connie also spent two years as a Peace Corps volunteer in Ecuador, where she learned the concepts and methods of Popular Education, which NEON embraces as an effective, empowering method of training.