

## ATAB 9: Mental Health, Crisis Lines and Child Welfare Office Contacts

County	Mental Health Organization	General Access Number	Crisis Number	DHS Child Welfare
<b>Baker</b>	New Directions Northwest Inc.	541-523-7400	541-519-7126	541-523-6423
<b>Malheur</b>	Lifeways	541-889-9167	541-889-9167	541-889-9194
<b>Morrow</b>	Community Counseling Solutions	541-481-2911 Boardman 541-676-9161 Heppner	911	541-481-9482
<b>Umatilla</b>	Community Counseling Solutions	541-567-2536 Hermiston 541-276-6207 Milton-Freewater & Pendleton	541-240-8030	541-567-2253 Hermiston 541-938-6627 Milton-Freewater 541-276-9220 Pendleton
<b>Union</b>	Center for Human Development	541-962-8800	541-962-8800 Ext. 6	541-963-8571
<b>Wallowa</b>	Wallowa Valley Center for Wellness	541-426-4524	541-398-1175	541-426-4558

### Parenting Support, Early Childhood and Family Services

**211info**

Parenting support, early childhood and family services  
 CALL: **211** or **1-866-698-6155** and listen for the “parenting” option  
 TEXT: “children” or “ninos” to **898211**  
 EMAIL: [children@211info.org](mailto:children@211info.org)  
 WEBSITE: <https://www.211info.org/family/>

**Oregon Family to Family Health Information Center**

Children and youth with special health needs  
 CALL: **855-323-6744** (English) **503-931-8930** (Español)  
 EMAIL: [contact@oregonfamilytofamily.org](mailto:contact@oregonfamilytofamily.org)  
 WEBSITE: <https://www.ohsu.edu/oregon-family-to-family-health-information-center>



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Oregon and National Crisis Lines	
<p><b>National Suicide Prevention Lifeline</b>                      Available 24/7: suicide prevention and crisis resources for you or your loved ones                      CALL: <b>1-800-273-8255</b> (English)                            <b>1-888-628-9454</b> (Español)                      TTY: Use your preferred relay service or dial <b>711</b> then <b>1-800-273-8255</b></p>	<p><b>YouthLine</b>                      Available 24/7: teen-to-teen crisis and help line                      Teens respond 4-10pm Monday-Friday                      CALL: <b>877-968-8491</b>                      TEXT: “<b>teen2teen</b>” to <b>839863</b></p>
<p><b>The Trevor Project</b>                      Available 24/7: crisis intervention and suicide prevention for LGBTQ young people under 25                      CALL: 1-866-488-7386                      TEXT: “<b>START</b>” to <b>678678</b></p>	<p><b>Veterans Crisis Line</b>                      Available 24/7: confidential help for Veterans and their families                      CALL: <b>1-800-273-8255</b> and Press <b>1</b>                      TEXT: <b>838255</b>                      TTY: Use your preferred relay service or dial <b>711</b> then <b>1-800-273-8255</b></p>

