

## Mental Health, Crisis Lines and Child Welfare Office Contacts

County	Mental Health Organization	General Access Number	Crisis Number	DHS Child Welfare Office
<b>Baker</b>	New Directions Northwest Inc.	541-523-7400	541-519-7126	541-523-6423
<b>Benton</b>	Benton County Behavioral Health	541-766-6835	888-232-7192	541-757-4121
<b>Clackamas</b>	Behavioral Health Division	503-742-5335	503-655-8585	503-731-3404 N. Clackamas 971-673-7200 Oregon City
<b>Clatsop</b>	Clatsop Behavioral Healthcare	503-325-5722	503-325-5724	503-325-9179
<b>Columbia</b>	Columbia Community Mental Health	503-397-5211	503-782-4499	503-397-3292
<b>Coos</b>	Coos Health & Wellness	541-266-6700	541-266-6800 or 888-543-5763	541-756-5500
<b>Crook</b>	Crook County Mental Health	541-447-5165	911	541-447-6207
<b>Curry</b>	Curry Community Health	541-813-2535 Brookings 541-425-7545 Gold Beach	877-519-9322	541-247-5437
<b>Deschutes</b>	Deschutes County Behavioral Health	541-322-7500	541-322-7500 Ext. 9	541-388-6161
<b>Douglas</b>	Adapt Integrated Care	541-440-3532 Reedsport 541-672-2691 Roseburg 541-492-4550 Winston	800-866-9780	541-271-4851 Reedsport 541-440-3373 Roseburg
<b>Gilliam</b>	Community Counseling Solutions	541-454-2223 Arlington 541-384-2666 Condon	911	541-384-2882
<b>Grant</b>	Community Counseling Solutions	541-575-1466	911	541-575-0728
<b>Harney</b>	Symmetry Care	541-573-8376	541-573-8376	541-573-2086
<b>Hood River</b>	Mid-Columbia Center for Living	541-386-2620	888-877-9147	541-386-2962
<b>Jackson</b>	Jackson County Mental Health	541-774-8201	541-774-8201	541-776-6120
<b>Jefferson</b>	BestCare Treatment Services	541-475-6575	541-475-6575	541-475-2292
<b>Josephine</b>	Options for Southern Oregon	541-476-2373	541-474-5360	541-474-3120
<b>Klamath</b>	Klamath Basin Behavioral Health	541-883-1030	541-883-1030	541-883-5570
<b>Lake</b>	Lake District Wellness Center	541-947-6021	541-947-6021	541-947-2273
<b>Lane</b>	Lane County Behavioral Health	541-682-3608	541-687-4000 or 541-505-8426	541-686-7555 Eugene 541-726-6644 Springfield 541-686-7722 W. Eugene
<b>Lincoln</b>	Lincoln County Mental Health	541-574-5960 Newport Adult 541-265-4179 Newport Family 541-265-4196 Lincoln City	888-266-0288	541-265-8557

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Linn	Linn County Mental Health	541-967-3866 Albany 541-351-2631 Lebanon 541-367-3888 Sweet Home	541-967-3866 or 800-304-7468	541-967-2060
Malheur	Lifeways	541-889-9167	541-889-9167	541-889-9194
Marion	Marion County Mental Health	503-588-5351 Salem Adult 503-588-5352 Salem Family 503-981-5851 Woodburn	503-585-4949	503-378-6800
Morrow	Community Counseling Solutions	541-481-2911 Boardman 541-676-9161 Heppner	911	541-481-9482
Multnomah	Multnomah County Behavioral Health	503-988-5887	503-988-4888 or 800-716-9769	503-731-3100 Hotline 971-673-6800 Alberta 971-673-2100 East County 503-674-3610 Gresham
Polk	Polk County Behavioral Health	503-623-9289 Dallas 503-400-3550 Monmouth 503-585-3012 W. Salem	503-623-9289 (business hours) 503-581-5535 or 800-560-5833 (after hours)	503-623-8118
Sherman	Mid-Columbia Center for Living	541-565-3149	888-877-9147	541-384-2882
Tillamook	Tillamook Family Counseling Center	503-842-8201	503-842-8201 or 800-962-2851	503-842-5571
Umatilla	Community Counseling Solutions	541-567-2536 Hermiston 541-276-6207 Milton-Freewater & Pendleton	541-240-8030	541-567-2253 Hermiston 541-938-6627 Milton-Freewater 541-276-9220 Pendleton
Union	Center for Human Development	541-962-8800	541-962-8800 Ext. 6	541-963-8571
Wallowa	Wallowa Valley Center for Wellness	541-426-4524	541-398-1175	541-426-4558
Wasco	Mid-Columbia Center for Living	541-296-5452	888-877-9147	541-298-5136
Washington	Washington County Behavioral Health	503-846-4528	503-291-9111	503-646-7234 Beaverton 503-648-8951 Hillsboro
Wheeler	Community Counseling Solutions	541-763-2746	911	541-384-2882
Yamhill	Yamhill County General Behavioral Health	503-434-7523	844-842-8200	503-472-4634

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## Mental Health, Crisis Lines and Child Welfare Office Contacts

### Parenting Support, Early Childhood and Family Services

**211info**

Parenting support, early childhood and family services  
 CALL: **211** or **1-866-698-6155** and listen for the “parenting” option  
 TEXT: “children” or “ninos” to **898211**  
 EMAIL: [children@211info.org](mailto:children@211info.org)  
 WEBSITE: <https://www.211info.org/family/>

**Oregon Family to Family Health Information Center**

Children and youth with special health needs  
 CALL: **855-323-6744** (English) **503-931-8930** (Español)  
 EMAIL: [contact@oregonfamilytofamily.org](mailto:contact@oregonfamilytofamily.org)  
 WEBSITE: <https://www.ohsu.edu/oregon-family-to-family-health-information-center>

### Oregon and National Crisis Lines

**National Suicide Prevention Lifeline**

Available 24/7: suicide prevention and crisis resources for you or your loved ones  
 CALL: **1-800-273-8255** (English)  
           **1-888-628-9454** (Español)  
 TTY: Use your preferred relay service or dial **711** then **1-800-273-8255**

**YouthLine**

Available 24/7: teen-to-teen crisis and help line  
 Teens respond 4-10pm Monday-Friday  
 CALL: **877-968-8491**  
 TEXT: “teen2teen” to **839863**

**The Trevor Project**

Available 24/7: crisis intervention and suicide prevention for LGBTQ young people under 25  
 CALL: 1-866-488-7386  
 TEXT: “START” to **678678**

**Veterans Crisis Line**

Available 24/7: confidential help for Veterans and their families  
 CALL: **1-800-273-8255** and Press **1**  
 TEXT: **838255**  
 TTY: Use your preferred relay service or dial **711** then **1-800-273-8255**

