

# Register for Opal-K

We are happy to announce that Oregon Psychiatric Access Line about Kids (OPAL-K) is now providing state-wide psychiatric consults to medical practitioners who work with children between 0 – 18 years of age. Medical practitioners in Oregon are encouraged to register online to expedite service during calls. Information collected at the time of registration allows for program development and sustainability. The OPAL-K program is state-funded and is provided at no cost to medical practitioners.

## WHAT IS OPAL-K?

The Oregon Psychiatric Access Line about Kids, or OPAL-K, is a telephone consult line for medical practitioners in Oregon who serve children and adolescents. The vision of OPAL-K is to expand the availability of high quality mental health treatment to children of Oregon, through the support of the medical home, via:

- timely psychiatric consultation
- practitioner education
- primary care treatment algorithms, and
- promotion of linkages with private and public community mental health professionals

## HOW DO I GET ON BOARD?

If you are a pediatrician or primary care practitioner who treats children and you would like to enroll with the Oregon Psychiatric Access Line about Kids (OPALK), please register at [www.ohsu.edu/opalk](http://www.ohsu.edu/opalk).

## OPAL-K IS A PROGRAM THAT:

- Provides same day phone consultation to medical practitioners with psychiatric questions
- Provides evidence-based practice data to medical practitioners who need more information on psychiatric treatment
- Provides practical advice to support medical practitioners providing mental health care in the medical home of Coordinated Care Organizations (CCOs)

## OPAL-K IS NOT A SUBSTITUTE FOR:

- Emergency room assessment of psychiatric emergencies
- Inpatient psychiatric care or referrals
- Community mental health clinic programs providing specialty care to special needs youth

### PRACTITIONERS

To register online, please visit

[www.ohsu.edu/OPALK](http://www.ohsu.edu/OPALK) or contact our Registration Coordinator, Behjat Sedighi, QMHP at 1-855-966-7255 (855-96-OPALK), (503) 346-1000 or, [OPALK@ohsu.edu](mailto:OPALK@ohsu.edu)

*OPAL-K is a collaboration between OHSU's Division of Child and Adolescent Psychiatry, the Oregon Pediatric Society (OPS) and the Oregon Council of Child and Adolescent Psychiatry (OCCAP)*



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